

FAITH ASHLEY ZABEK, Ph.D., NCSP

School of Education & Human Development, University of Virginia

314-803-3696 ♦ tak9uz@virginia.edu

EDUCATION

Georgia State University **2014—2020**
PhD in School Psychology
APA Accredited and NASP Approved Program
Atlanta, Georgia

Georgia State University **2012—2014**
MEd in School Psychology
Atlanta, Georgia

DePauw University **2006—2010**
BA in Psychology
Greencastle, Indiana

Danish Institute for Study Abroad **2009**
Children with Special Needs Program
Copenhagen, Denmark

LEADERSHIP AND HONORS

President (3-year term) **2018—Present**
Hawai'i Association of School Psychologists (HASP)

Outstanding Dissertation Award **2021**
Department of Counseling and Psychological Services
Georgia State University

Dean's Doctoral Fellow **2012—2016**
College of Education
Georgia State University

Student Representative **2013—2015**
Government and Professional Relations Committee (GPR)
National Association of School Psychologists

Senior Thesis Award **2010**
Department of Psychology
DePauw University

Distinguished Scholar Award 2006—2010
DePauw University

PROFESSIONAL/RESEARCH EXPERIENCE

Postdoctoral Research Associate 2021—Present
The Virginia Partnership for School Mental Health
Youth-Nex: The UVA Center to Promote Positive Youth Development
University of Virginia

Graduate Research Assistant 2013—2017
School Climate Project
Georgia State University

Graduate Research Assistant 2012—2017
Project PREVENT
Georgia State University

Research Consultant/Intervention Facilitator 2015—2016
MiniMind
Georgia State University

Statistician Consultant 2016
PBIS Evaluation Grant
Georgia State University

Research Assistant 2009—2010
Psychology Thesis Research
DePauw University

Research Assistant 2008—2009
Scale Development
DePauw University

PROFESSIONAL/CLINICAL EXPERIENCE

School Psychologist 2018—2021
Hawai'i Department of Education, Kaua'i Complex Area
Kilauea Elementary School and Hanalei Elementary School
Kaua'i, Hawai'i

Doctoral Psychology Intern 2017—2018
Hawai'i Psychology Internship Consortium (HI-PIC: APA Accredited)
Hawai'i Department of Education, Kaua'i Complex Area
Kaua'i High School and Chiefess Kamakahahelei Middle School
Kaua'i, Hawai'i

Psychological Assistant Georgia Pediatric Psychology Atlanta, Georgia	2015
School Psychology Advanced Practicum Student City Schools of Decatur Decatur, Georgia	2014—2015
School Psychology Practicum Student Clayton County Public Schools Riverdale, Georgia	2013—2014
Applied Behavioral Analysis Therapist Reinforcement Unlimited Woodstock, Georgia	2011—2012
English Teacher Gumi Elementary School Bundang-gu, South Korea	2010—2011

SERVICE

Conference Facilitator NW Regional + Hawai'i School Psychologist Virtual Conference	2020
Conference Organizer and Facilitator HASP's 19 th Annual Conference Hawai'i Association of School Psychologists Kaua'i, Hawai'i	2019
Conference Facilitator HASP's 18 th Annual Conference Hawai'i Association of School Psychologists Maui, Hawai'i	2018
Conference Facilitator Public Policy Institute (PPI) National Association of School Psychologists George Washington University Washington, D. C.	2014
Facilitator Graduate Student Capitol Hill Day Government and Professional Relations Committee (GPR) National Association of School Psychologists Annual Convention	2014

Regional Leader 2014
 Graduate Student Capitol Hill Day Planning Committee
 Government and Professional Relations Committee (GPR)
 National Association of School Psychologists

Co-Chair 2013—2014
 Student Affiliates in School Psychology
 Georgia State University

Conference Facilitator 2013
 Public Policy Institute (PPI)
 National Association of School Psychologists
 George Washington University
 Washington, D. C.

Appointed Member 2009-2010
 Asher Committee (Funding Allocation)
 DePauw University

TEACHING EXPERIENCE

Co-Instructor Fall 2016/
 Individual Assessment Lab I & II, Social/Emotional Assessment Spring 2017
 Department of Counseling and Psychological Services Summer 2017
 Georgia State University

Guest Lecturer Fall 2016
 Psychological Consultation in the Schools
 Department of Counseling and Psychological Services
 Georgia State University

Guest Lecturer Spring 2016
 Culture-Specific Consultation in Schools
 Department of Counseling and Psychological Services
 Georgia State University

Guest Lecturer Spring 2016
 Culture-Specific Consultation in Schools
 Department of Counseling and Psychological Services
 Georgia State University

PROFESSIONAL DEVELOPMENT FACILITATION

CONFERENCE WORKSHOPS

- Zabek, F., Harper, E., Perkins, C., Meyers, J., & Kruger, A. C. (2017, February). *School-based prevention of CSEC and other gendered aggression*. Presented to the National Association of School Psychologists Annual Convention, San Antonio, Texas.
- Wood, L., Zabek, F., & Roach, A. (2017, February). *Improving children's executive functioning using mindfulness-based interventions*. Presented to the National Association of School Psychologists Annual Convention, San Antonio, Texas.
- Roach, A., Meyers, B., Perkins, C., Wood, L., Zabek, F., Kearney, M, Bialo, J. (2016, February). *Using Children's Literature to Introduce Mindfulness in the Classroom*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Zabek, F., Pedley, T., & Barbarasch, B. (2015, February). *Using your degree for diplomacy: Putting advocacy into action*. Presented to the National Association of School Psychologists Annual Convention, Orlando, FL.
- Zabek, F. (2014, February). *Using your degree for diplomacy: Putting advocacy into action*. Presented to the National Association of School Psychologists Annual Convention, Washington D.C.

IN-SERVICE TRAININGS

- Zabek, F. (2021, May). *Youth mental health, racial trauma, and return to learn: Building back better*. Presented at the Remaking Middle School Virtual Meet-Up.
- Zabek, F. (2021, April). *Youth mental health and return to learn: Building back better*. Presented to the Regional Middle Grades Working Group.
- Zabek, F. (2018, August). *Trauma-informed schools: Responding to crises*. Presented to Hanalei Elementary School Faculty, Hanalei, HI.
- Zabek, F. & Willis, M. (2015, February). *Functional behavior analysis: Analyzing Data*. Presented to Winnona Park Elementary School Faculty, Decatur, GA.
- Zabek, F. & Willis, M. (2015, January). *Functional behavior analysis: Collecting Data*. Presented to Winnona Park Elementary School Faculty, Decatur, GA.

MEDIA

- Zabek, F., Faustino, P., & Sedor, M. (2015). *School safety priorities* [Webinar]. National Association of School Psychologists Assistance to States Webinar Series.

Zabek, F. & Pedley, T. (Producers). (2014, Jan 23). *How to Prepare for a Capitol Hill Day* [Audio Podcast]. Posted on www.nasponline.org

Zabek, F. & Pedley, T. (Producers). (2013, Nov 25). *Graduate Student Capitol Hill Day Podcast Part 1* [Audio Podcast]. Posted on www.nasponline.org

PUBLICATIONS

DISSERTATION

Zabek, F. (2020). *School climate methodology: Issues of multilevel data and measurement invariance*. (MS #1166) [Doctoral dissertation, Georgia State University]. ScholarWorks.

WORKS IN REFEREED JOURNALS

Wood, L., Roach, A. T., Kearney, M. A., & Zabek, F. (2018). Enhancing executive function skills in preschoolers through a mindfulness-based intervention: A randomized, controlled pilot study. *Psychology in the Schools*, 55(6), 644–660.

Tolleson, A., Grad, R., Zabek, F., & Zeligman, M. (2017). Teaching helping skills courses: Creative activities to reduce anxiety. *Journal of Creativity in Mental Health*. <http://dx.doi.org/10.1080/15401383.2017.1281186>

Kruger, A. C., Harper, E., Zabek, F., Collins, S., Perkins, C., & Meyers, J. (2016). Facilitating a school-based prevention of commercial sexual exploitation of children. *Health promotion practice*, 17(4). 530–536. <http://dx.doi.org/10.1177/1524839916628863>

Kruger, A. C., Zabek, F., Collins, S., Harper, E. A., Hamilton, C., McGee, M. C., ... & Meyers, J. (2016, March). African American girls' descriptions of life in high-risk neighborhoods. *School Psychology Forum*, 10 (1), 29–40.

La Salle, T. P., Zabek, F., & Meyers, J. (2016, March). Elementary student perceptions of school climate and associations with individual and school factors. *School Psychology Forum*, 10 (1), 55–65.

WORKS IN PROGRESS

Zabek, F., Meyers, J., Rice, K. G., Ashby, J. S., and Kruger, A. C. (2021). *Can school climate surveys accurately and equitably measure school quality? The multilevel structure and invariance of the Georgia School Climate Scale*. Manuscript submitted for publication.

Lyons, M. D., Taylor, J. V., Zeanah, K. L., Downey, S. K., and Zabek, F. (2021). *Supporting school mental health providers: Evidence from a short-term telementoring model*. Manuscript submitted for publication.

Pollock, R., McGee, T., Harris, J., Kearney, M., McPhee, K., Zabek, F., Meyers, J., Kruger, A. (2021). *Growing but not grown: Adolescent Black girls' hypothetical reasoning about a challenging social situation*. Manuscript submitted for publication.

Zabek, F., Rice, K. G., Davis, D. E., La Salle, T. P., & Meyers, J. *A grateful climate: Measurement invariance, demographic differences, and the relationship between school climate and gratitude*. Georgia State University.

White, N., Zabek, F., Ashby, J. S., Rice, K. G., Oshima, T. C., & Meyers, J. *The Development of a Brief Measure of Student Perception of School Climate*. Georgia State University.

White, N., Zabek, F., Ashby, J. S., Rice, K. G., Oshima, T. C., & Meyers, J. *Meta-analysis of school climate with risk behaviors and symptoms of psychopathology*. Georgia State University.

Wood, L., Roach, A. T., Zabek, F., & Kearney, M. A. *Effects of Mindfulness-Based Interventions on Executive Functions of Children: A Meta-Analysis*. Georgia State University.

PROFESSIONAL CONFERENCE PRESENTATIONS

PAPER PRESENTATIONS

Harris, J., Kruger, A. C., Zabek, F., Agel, K., Leavitt, K., Perkins, C., & Meyers, J. (2016, April). *African American girls' descriptions of sexual harassment at school*. Presented to the American Educational Research Association Annual Meeting, Washington, D.C.

Zabek, F., Meyers, J., & LaSalle, T. (2016, February). *A thankful climate: School climate, gratitude, and the influence of measurement invariance*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.

Wood, L., Zabek, F., & Roach, A. (2016, February). *Mini-Mind: Mindfulness-based curriculum for preschool classrooms*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.

Perkins, C., Meyers, J., Kruger, A.C., Zabek, F., & Harper, E. (2015, June). *Risks for commercial sexual exploitation: Middle school girls' perceptions*. Presented to the International School Psychology Association Annual Conference, São Paulo, Brazil.

Kruger, A.C., Zabek, F., Collins, S., Harper, E., Hamilton, C., McGee, M.C., Perkins, C., & Meyers, J. (2014, April). *Their words: African American girls' descriptions of life in high-risk neighborhoods*. Presented to the American Educational Research Association Annual Meeting, Philadelphia, PA.

La Salle, T., Zabek, F., & Meyers, J. (2014, February). *Examining relationships between school climate, culture, and ecology: Revisions to the Georgia Student Health Survey*.

Presented to the National Association of School Psychologists Annual Convention, Washington, D.C.

Meyers, J., Perkins, C., Kruger, A., Harper, E., Zabek, F., & Collins, S. (2013, July). *Perceptions of middle school girls placed at risk for commercial sexual exploitation*. Presented to the International School Psychology Association Annual Conference, Porto, Portugal.

POSTER PRESENTATIONS

Kruger, A.C., Lindsley, J., Harris, J., Zabek, F., Agel, K., Perkins, C., & Meyers, J. (2018, April). Adolescents' Gendered Interpretations of a Sexual Harassment Dilemma. Presented to the Society for Research on Adolescence Biennial Meeting. Minneapolis, MN.

Zabek, F., Harris, J., Leroux, A. J., & Meyers, J. (2016, April). *School climate as a protective factor: Examining the relationship between school climate and suicide*. Presented to the American Educational Research Association Division D In-Progress Research Gala. Washington, D.C.

Zabek, F., Harris, J., Agel, K., Kruger, A.C., Leavitt, K., Kearney, M., Perkins, C., & Meyers, J. (2016, February). *The words of girls: Exploring the prevention of CSEC*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.

Frank, M., Zabek, F., Elrod, B., Saint, M., J., Roach, A., & Meyers, J. (2016, February). *Relationship between PBIS implementation, school climate, and behavior outcomes*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.

Kruger, A.C., Zabek, F., Collins, S., Harper, E., Hamilton, C., McGee, M.C., Perkins, C., & Meyers, J. (2015, March). *African American girls' narratives about life in high-risk neighborhoods*. Presented to the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.

Harper, E., Zabek, F., Kruger, A., Perkins, C. & Meyers, J. (2015, February). *Using social media in practice: Reflections and recommendations*. Presented at the National Association of School Psychologists Annual Convention, Orlando, Florida.

Zabek, F., Collins, S., Hamilton, C., McGee, M., Harper, E., Kruger, A., Perkins, C., & Meyers, J. (2014, February). *Responding to risk: An iterative adaptation of a program to prevent the commercial sexual exploitation of children*. Presented to the National Association of School Psychologists Annual Convention, Washington, D.C.

Kruger, A., Collins, S., Hamilton, C., Harper, E., Zabek, F., Perkins, C., and Meyers, J. (2013, July). *Listening to African American girls placed at risk for commercial sexual exploitation*. Presented to the American Psychological Association, Honolulu, HI.

Zabek, F. et al. (2009, May). *Development and validation of the blame externalization scale*. Presented to the American Psychological Society Convention, San Francisco, California.

EDITORIAL EXPERIENCE

Reviewer American Psychological Association & National Association of School Psychologists. (2015). *Resolution on gender and sexual orientation diversity in children and adolescents in schools*.

Editor National Association of School Psychologists. (2013). Sample Key Messages for Safe and Successful Schools. *NASP Advocacy Toolkit: Framework for Safe and Successful Schools*.

GRANT WRITING EXPERIENCE

Grant Writing Consultant *Evaluation of Project AWARE*. (Meyers, J. - PI, Rice, K. – Co-PI, & Varjas, K. – Co-PI). Funded by SAMHSA and the Georgia Department of Education (January, 2015 – July, 2019; \$830,000).

Grant Writing Consultant *The Effects of Fidelity, Treatment Acceptability, and School Climate on a Statewide Effort to Implement an Empirically Based Approach to School-Wide Discipline*. (Meyers, J. - PI, Davis, D. - Co-PI, Houchins, D. - Co-PI, Roach, A. - Co-PI, & Varjas, K. - Co-PI). Submitted to National Institute of Justice in Summer, 2015 (\$1,474,855). Not funded.

INTERVENTION CURRICULA

Wood, L., Roach, A., Zabek, F., Kearney, M., & Tano, M. *Mini-Mind: A Mindfulness Based Curriculum for Preschoolers*. Atlanta, GA: Georgia State University.

Kruger, A., Harper, E., Perkins, C., Zabek, F., & Meyers, J. *Project PREVENT: An interactive curriculum that uses critical thinking to solve problems and increase positive relationships*. Atlanta, GA: The Center for Research on School Safety, School Climate, and Classroom Management, Georgia State University.

PROFESSIONAL ORGANIZATION MEMBERSHIPS

National Association of School Psychologists (NASP)

Hawai'i Association of School Psychologists (HASP)

Hawaii Psychological Association (HPA)

American Educational Research Association (AERA)