

## **FAITH ASHLEY ZABEK, Ph.D., NCSP**

School of Education & Human Development, University of Virginia

[tak9uz@virginia.edu](mailto:tak9uz@virginia.edu)

### **EDUCATION**

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<b>Georgia State University</b> PhD in School Psychology APA Accredited and NASP Approved Program Atlanta, Georgia	<b>2014—2020</b>
<b>Georgia State University</b> MEd in School Psychology Atlanta, Georgia	<b>2012—2014</b>
<b>DePauw University</b> BA in Psychology Greencastle, Indiana	<b>2006—2010</b>
<b>Danish Institute for Study Abroad</b> Children with Special Needs Program Copenhagen, Denmark	<b>2009</b>

### **PROFESSIONAL/RESEARCH EXPERIENCE**

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<b>Postdoctoral Research Associate</b> The Virginia Partnership for School Mental Health Youth-Nex: The UVA Center to Promote Positive Youth Development University of Virginia	<b>2021—Present</b>
<b>Graduate Research Assistant</b> School Climate Project Georgia State University	<b>2013—2017</b>
<b>Graduate Research Assistant</b> Project PREVENT Georgia State University	<b>2012—2017</b>
<b>Research Consultant/Intervention Facilitator</b> MiniMind Georgia State University	<b>2015—2016</b>
<b>Statistician Consultant</b> PBIS Evaluation Grant Georgia State University	<b>2016</b>

**Research Assistant** 2009—2010  
 Psychology Thesis Research  
 DePauw University

**Research Assistant** 2008—2009  
 Scale Development  
 DePauw University

### **PROFESSIONAL/CLINICAL EXPERIENCE**

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**School Psychologist** 2018—2021  
 Hawai'i Department of Education, Kaua'i Complex Area  
 Kilauea Elementary School and Hanalei Elementary School  
 Kaua'i, Hawai'i

**Doctoral Psychology Intern** 2017—2018  
 Hawai'i Psychology Internship Consortium (HI-PIC: APA Accredited)  
 Hawai'i Department of Education, Kaua'i Complex Area  
 Kaua'i High School and Chiefess Kamakahelei Middle School  
 Kaua'i, Hawai'i

**Psychological Assistant** 2015  
 Georgia Pediatric Psychology  
 Atlanta, Georgia

**School Psychology Advanced Practicum Student** 2014—2015  
 City Schools of Decatur  
 Decatur, Georgia

**School Psychology Practicum Student** 2013—2014  
 Clayton County Public Schools  
 Riverdale, Georgia

**Applied Behavioral Analysis Therapist** 2011—2012  
 Reinforcement Unlimited  
 Woodstock, Georgia

**English Teacher** 2010—2011  
 Gumi Elementary School  
 Bundang-gu, South Korea

### **LEADERSHIP AND HONORS**

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**President (3-year term)** 2018—2021  
 Hawai'i Association of School Psychologists (HASP)

**Outstanding Dissertation Award** 2021

Department of Counseling and Psychological Services  
Georgia State University

**Dean's Doctoral Fellow** 2012—2016  
College of Education and Human Development  
Georgia State University

**Student Representative** 2013—2015  
Government and Professional Relations Committee (GPR)  
National Association of School Psychologists

**Senior Thesis Award** 2010  
Department of Psychology  
DePauw University

**Distinguished Scholar Award** 2006—2010  
DePauw University

### **SERVICE**

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**Conference Facilitator** 2020  
NW Regional + Hawai'i School Psychologist Virtual Conference

**Conference Organizer and Facilitator** 2019  
HASP's 19<sup>th</sup> Annual Conference  
Hawai'i Association of School Psychologists  
Kaua'i, Hawai'i

**Conference Facilitator** 2018  
HASP's 18<sup>th</sup> Annual Conference  
Hawai'i Association of School Psychologists  
Maui, Hawai'i

**Conference Facilitator** 2014  
Public Policy Institute (PPI)  
National Association of School Psychologists  
George Washington University  
Washington, D. C.

**Facilitator** 2014  
Graduate Student Capitol Hill Day  
Government and Professional Relations Committee (GPR)  
National Association of School Psychologists Annual Convention

**Regional Leader** 2014  
Graduate Student Capitol Hill Day Planning Committee  
Government and Professional Relations Committee (GPR)

National Association of School Psychologists

**Co-Chair** 2013—2014  
 Student Affiliates in School Psychology  
 Georgia State University

**Conference Facilitator** 2013  
 Public Policy Institute (PPI)  
 National Association of School Psychologists  
 George Washington University  
 Washington, D. C.

**Appointed Member** 2009-2010  
 Asher Committee (Funding Allocation)  
 DePauw University

## **TEACHING EXPERIENCE**

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**Instructor** Fall 2022  
 Psychological Consultation and Supervision  
 Department of Human Services  
 University of Virginia

**Co-Instructor** Fall 2016/  
 Individual Assessment Lab I & II, Social/Emotional Assessment Spring 2017  
 Department of Counseling and Psychological Services Summer 2017  
 Georgia State University

**Guest Lecturer** Fall 2016  
 Psychological Consultation in the Schools  
 Department of Counseling and Psychological Services  
 Georgia State University

**Guest Lecturer** Spring 2016  
 Culture-Specific Consultation in Schools  
 Department of Counseling and Psychological Services  
 Georgia State University

**Guest Lecturer** Spring 2016  
 Culture-Specific Consultation in Schools  
 Department of Counseling and Psychological Services  
 Georgia State University

## **PUBLICATIONS**

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## **DISSERTATION**

Zabek, F. (2020). *School climate methodology: Issues of multilevel data and measurement invariance*. (MS #1166) [Doctoral dissertation, Georgia State University]. ScholarWorks.

### **WORKS IN REFEREED JOURNALS**

Zabek, F., Meyers, J., Rice, K. G., Ashby, J. S., & Kruger, A. C. (2022). Can school climate surveys accurately and equitably measure school quality? The multilevel structure and invariance of the Georgia School Climate Scale. *Journal of School Psychology, 95*, 1–24. <https://doi.org/10.1016/j.jsp.2022.08.005>

Zabek, F., Lyons, M. D., Alwani, N., Taylor, J. V., Brown-Meredith, E., Cruz, M. A., and Southall, V. H. (2022). Roles and functions of school mental health professionals within comprehensive school mental health systems. *School Mental Health*. <https://doi.org/10.1007/s12310-022-09535-0>

Lyons, M. D., Taylor, J. V., Zeanah, K. L., Downey, S. K., & Zabek, F. (2022). Supporting school mental health providers: Evidence from a short-term telementoring model. *Child & Youth Care Forum*. <https://doi.org/10.1007/s10566-022-09673-1>

Kruger, A. C., Harris, J., Zabek, F., Grant, J. C., & Meyers, J. (2022). Black adolescents' perceptions of transgressor, victim, and bystander: Thinking through a sexual harassment dilemma. *Journal of Social Issues*. <https://doi.org/10.1111/josi.12518>

Pollock, R., McGee, T., Harris, J., Kearney, M., McPhee, K., Zabek, F., Meyers, J., & Kruger, A. (2022). Growing but not grown: Adolescent Black girls' hypothetical reasoning about a challenging social situation. *Journal of Black Psychology*. <https://doi.org/10.1177/00957984221078103>

Wood, L., Roach, A. T., Kearney, M. A., & Zabek, F. (2018). Enhancing executive function skills in preschoolers through a mindfulness-based intervention: A randomized, controlled pilot study. *Psychology in the Schools, 55*(6), 644–660. <https://doi.org/10.1002/pits.22136>

Tolleson, A., Grad, R., Zabek, F., & Zeligman, M. (2017). Teaching helping skills courses: Creative activities to reduce anxiety. *Journal of Creativity in Mental Health*. <http://dx.doi.org/10.1080/15401383.2017.1281186>

Kruger, A. C., Harper, E., Zabek, F., Collins, S., Perkins, C., & Meyers, J. (2016). Facilitating a school-based prevention of commercial sexual exploitation of children. *Health promotion practice, 17*(4), 530–536. <https://dx.doi.org/10.1177/1524839916628863>

Kruger, A. C., Zabek, F., Collins, S., Harper, E. A., Hamilton, C., McGee, M. C., Perkins, C. & Meyers, J. (2016). African American girls' descriptions of life in high-risk neighborhoods. *School Psychology Forum, 10* (1), 29–40.

La Salle, T. P., Zabek, F., & Meyers, J. (2016). Elementary student perceptions of school climate and associations with individual and school factors. *School Psychology Forum*, *10* (1), 55–65.

### **WORKS IN PROGRESS**

Taylor, J. V., Zabek, F., Lyons, M. D., Koide, J., Phelps, A. D., & Zeanah, K. L. (2022). *Utilizing a telementoring model to enhance the evidence-based practices among school counselors*. [Manuscript submitted for publication]. University of Virginia.

Lyons, M. D., Zabek, F., & Taylor, J. V. (2022). *Applying the Extension for Community Healthcare Outcomes (ECHO) model to promote school-based mental health*. [Manuscript submitted for publication]. University of Virginia.

Lyons, M. D., Zabek, F., Grimes, T. O., & Downey, S. K. (2022). *Supporting the professional practice of school mental health staff through online learning: A qualitative study* [Manuscript submitted for publication]. University of Virginia.

Alwani, N., Lyons, M. D., & Zabek, F. (2022). *Mentoring relationship quality and discussion topics in the school context*. [Manuscript submitted for publication]. University of Virginia.

Zabek, F., Rice, K. G., Davis, D. E., La Salle, T. P., & Meyers, J. (2021). *A grateful climate: Measurement invariance, demographic differences, and the relationship between school climate and gratitude* [Manuscript in preparation]. Georgia State University.

Zabek, F., White, N., Ashby, J. S., Rice, K. G., Oshima, T. C., & Meyers, J. (2021). *The Development of a Brief Measure of Student Perception of School Climate* [Manuscript in preparation]. Georgia State University.

White, N., Zabek, F., Ashby, J. S., Rice, K. G., Oshima, T. C., & Meyers, J. (2021). *Meta-analysis of school climate with risk behaviors and symptoms of psychopathology* [Manuscript in preparation]. Georgia State University.

Wood, L., Roach, A. T., Zabek, F., & Kearney, M. A. (2021). *Effects of Mindfulness-Based Interventions on Executive Functions of Children: A Meta-Analysis* [Manuscript in preparation]. Georgia State University.

### **PROFESSIONAL CONFERENCE PRESENTATIONS**

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#### **PAPER PRESENTATIONS**

Zabek., F., Zeanah., K., & Lyons, M., D. (2022, April). *Breaking silos: Using collaboration to improve student mental health outcomes and create equitable education systems* [Symposium Presentation]. American Educational Research Association Annual Meeting.

- Taylor, J. V., Alwani, N., Downey, S. K., Lyons, M. D., Wharff, J., Zabek, F., Zeanah, K. (2022, March). *Utilizing a telementoring model of consultation to improve student mental health outcomes: A multidisciplinary approach* [Conference Presentation]. Presented to the Evidence-Based School Counseling Conference.
- Zabek, F., Lyons, M. D., Taylor, J. V., Zeanah, K. L., & Downey, S. K. (2021, October 15). *Using telementoring to increase access to quality mental health services* [Conference Presentation]. Presented to the National Center for School Mental Health Annual Conference.
- Zeanah, K. & Zabek, F. (2021, September 28). *Facilitating interprofessional collaboration and consultation for student mental health: A novel approach* [Conference Presentation]. Presented to the Virginia Association of School Psychologist Fall Conference, Hot Springs, VA, United States.
- Harris, J., Kruger, A. C., Zabek, F., Agel, K., Leavitt, K., Perkins, C., & Meyers, J. (2016, April). *African American girls' descriptions of sexual harassment at school*. Presented to the American Educational Research Association Annual Meeting, Washington, D.C.
- Zabek, F., Meyers, J., & LaSalle, T. (2016, February). *A thankful climate: School climate, gratitude, and the influence of measurement invariance*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Wood, L., Zabek, F., & Roach, A. (2016, February). *Mini-Mind: Mindfulness-based curriculum for preschool classrooms*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Perkins, C., Meyers, J., Kruger, A.C., Zabek, F., & Harper, E. (2015, June). *Risks for commercial sexual exploitation: Middle school girls' perceptions*. Presented to the International School Psychology Association Annual Conference, São Paulo, Brazil.
- Kruger, A.C., Zabek, F., Collins, S., Harper, E., Hamilton, C., McGee, M.C., Perkins, C., & Meyers, J. (2014, April). *Their words: African American girls' descriptions of life in high-risk neighborhoods*. Presented to the American Educational Research Association Annual Meeting, Philadelphia, PA.
- La Salle, T., Zabek, F., & Meyers, J. (2014, February). *Examining relationships between school climate, culture, and ecology: Revisions to the Georgia Student Health Survey*. Presented to the National Association of School Psychologists Annual Convention, Washington, D.C.
- Meyers, J., Perkins, C., Kruger, A., Harper, E., Zabek, F., & Collins, S. (2013, July). *Perceptions of middle school girls placed at risk for commercial sexual exploitation*. Presented to the International School Psychology Association Annual Conference, Porto, Portugal.

## **POSTER PRESENTATIONS**

- Zabek, F., Grimes, T. O., Lyons, M. D., Parker, J., Kirsch, J., Roosma, S., Walters, A., & Zeanah, K. L. (2022, August). *Inequities in school mental health: Strategies to increase access to relevant and effective services*. Presented to the American Psychological Association Annual Convention.
- Kruger, A.C., Lindsley, J., Harris, J., Zabek, F., Agel, K., Perkins, C., & Meyers, J. (2018, April). *Adolescents' gendered interpretations of a sexual harassment dilemma*. Presented to the Society for Research on Adolescence Biennial Meeting. Minneapolis, MN.
- Zabek, F., Harris, J., Leroux, A. J., & Meyers, J. (2016, April). *School climate as a protective factor: Examining the relationship between school climate and suicide*. Presented to the American Educational Research Association Division D In-Progress Research Gala. Washington, D.C.
- Zabek, F., Harris, J., Agel, K., Kruger, A.C., Leavitt, K., Kearney, M., Perkins, C., & Meyers, J. (2016, February). *The words of girls: Exploring the prevention of CSEC*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Frank, M., Zabek, F., Elrod, B., Saint, M., J., Roach, A., & Meyers, J. (2016, February). *Relationship between PBIS implementation, school climate, and behavior outcomes*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Kruger, A.C., Zabek, F., Collins, S., Harper, E., Hamilton, C., McGee, M.C., Perkins, C., & Meyers, J. (2015, March). *African American girls' narratives about life in high-risk neighborhoods*. Presented to the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
- Harper, E., Zabek, F., Kruger, A., Perkins, C. & Meyers, J. (2015, February). *Using social media in practice: Reflections and recommendations*. Presented at the National Association of School Psychologists Annual Convention, Orlando, Florida.
- Zabek, F., Collins, S., Hamilton, C., McGee, M., Harper, E., Kruger, A., Perkins, C., & Meyers, J. (2014, February). *Responding to risk: An iterative adaptation of a program to prevent the commercial sexual exploitation of children*. Presented to the National Association of School Psychologists Annual Convention, Washington, D.C.
- Kruger, A., Collins, S., Hamilton, C., Harper, E., Zabek, F., Perkins, C., and Meyers, J. (2013, July). *Listening to African American girls placed at risk for commercial sexual exploitation*. Presented to the American Psychological Association, Honolulu, HI.
- Zabek, F. et al. (2009, May). *Development and validation of the blame externalization scale*. Presented to the American Psychological Society Convention, San Francisco, California.



## **PROFESSIONAL DEVELOPMENT FACILITATION**

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### **CONFERENCE WORKSHOPS**

- Zabek, F., Harper, E., Perkins, C., Meyers, J., & Kruger, A. C. (2017, February). *School-based prevention of CSEC and other gendered aggression*. Presented to the National Association of School Psychologists Annual Convention, San Antonio, Texas.
- Wood, L., Zabek, F., & Roach, A. (2017, February). *Improving children's executive functioning using mindfulness-based interventions*. Presented to the National Association of School Psychologists Annual Convention, San Antonio, Texas.
- Roach, A., Meyers, B., Perkins, C., Wood, L., Zabek, F., Kearney, M, Bialo, J. (2016, February). *Using Children's Literature to Introduce Mindfulness in the Classroom*. Presented to the National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Zabek, F., Pedley, T., & Barbarasch, B. (2015, February). *Using your degree for diplomacy: Putting advocacy into action*. Presented to the National Association of School Psychologists Annual Convention, Orlando, FL.
- Zabek, F. (2014, February). *Using your degree for diplomacy: Putting advocacy into action*. Presented to the National Association of School Psychologists Annual Convention, Washington D.C.

### **IN-SERVICE TRAININGS**

- Zabek, F. (2021, May). *Youth mental health, racial trauma, and return to learn: Building back better*. Presented at the Remaking Middle School Virtual Meet-Up.
- Zabek, F. (2021, April). *Youth mental health and return to learn: Building back better*. Presented to the Regional Middle Grades Working Group.
- Zabek, F. (2018, August). *Trauma-informed schools: Responding to crises*. Presented to Hanalei Elementary School Faculty, Hanalei, HI.
- Zabek, F. & Willis, M. (2015, February). *Functional behavior analysis: Analyzing Data*. Presented to Winona Park Elementary School Faculty, Decatur, GA.
- Zabek, F. & Willis, M. (2015, January). *Functional behavior analysis: Collecting Data*. Presented to Winona Park Elementary School Faculty, Decatur, GA.

### **MEDIA**

- Zabek, F., Faustino, P., & Sedor, M. (2015). *School safety priorities* [Webinar]. National Association of School Psychologists Assistance to States Webinar Series.

Zabek, F. & Pedley, T. (Producers). (2014, Jan 23). *How to Prepare for a Capitol Hill Day* [Audio Podcast]. Posted on [www.nasponline.org](http://www.nasponline.org)

Zabek, F. & Pedley, T. (Producers). (2013, Nov 25). *Graduate Student Capitol Hill Day Podcast Part 1* [Audio Podcast]. Posted on [www.nasponline.org](http://www.nasponline.org)

## **EDITORIAL EXPERIENCE**

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Reviewer American Psychological Association & National Association of School Psychologists. (2015). *Resolution on gender and sexual orientation diversity in children and adolescents in schools*.

Editor National Association of School Psychologists. (2013). Sample Key Messages for Safe and Successful Schools. *NASP Advocacy Toolkit: Framework for Safe and Successful Schools*.

## **GRANT WRITING EXPERIENCE**

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*Evidence-Informed Mental health Prevention, Assessment, Collaboration, & Treatment in Middle Schools*. (Lyons, M. D. – PI, Bradshaw, C. P. – Co-I, Taylor, J. V. – Co-I, Mazurek, M. O. – Co-I, Nguyen, A. – Co-I, McDaniel, H. L. – Co-I, McQuillin, S. – Co-I, Weist, M. – Co-I, Herman, K. – Co-I). Funded by NIMH (September 2022 – August 2025; \$2,900,000).

*Implementation Supports for Equitable Access and Care of Student Mental Health: A Study of ECHO Consultation and Learning*. (Lyons, M. D. – PI, Bradshaw, C. P. – Co-PI, Mazurek, M. O. – Co-I, McDaniel, H. L. – Co-I, Taylor, J. V. – Co-I, Cook, B. – Co-I, & Jennings, P. – Co-I). Submitted to IES in August 2021. Not funded.

*Collaborative Quality Improvement to Promote Comprehensive and Equitable School Mental Health Systems*. (Lyons, M. D. – Research PI, & Barber, R. – Community PI). Submitted to the Integrated Translational Health Research Institute of Virginia (iTHRIV) in August 2021. Not funded.

*Evaluation of Project AWARE*. (Meyers, J. – PI, Rice, K. – Co-PI, & Varjas, K. – Co-PI). Funded by SAMHSA and the Georgia Department of Education (January 2015 – July 2019; \$830,000).

*The Effects of Fidelity, Treatment Acceptability, and School Climate on a Statewide Effort to Implement an Empirically Based Approach to School-Wide Discipline*. (Meyers, J. – PI, Davis, D. – Co-PI, Houchins, D. – Co-PI, Roach, A. – Co-PI, & Varjas, K. – Co-PI). Submitted to National Institute of Justice in Summer, 2015 (\$1,474,855). Not funded.

## **INTERVENTION CURRICULA**

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Wood, L., Roach, A., Zabek, F., Kearney, M., & Tano, M. *Mini-Mind: A Mindfulness Based Curriculum for Preschoolers*. Atlanta, GA: Georgia State University.

Kruger, A., Harper, E., Perkins, C., Zabek, F., & Meyers, J. *Project PREVENT: An interactive curriculum that uses critical thinking to solve problems and increase positive relationships*. Atlanta, GA: The Center for Research on School Safety, School Climate, and Classroom Management, Georgia State University.

**PROFESSIONAL ORGANIZATION MEMBERSHIPS**

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*American Psychological Association (APA)*

*National Association of School Psychologists (NASP)*

*Hawai'i Association of School Psychologists (HASP)*

*Virginia Association of School Psychologists (VASP)*

*American Educational Research Association (AERA)*