



R E S O U R C E

What is YPAR?



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SCHOOL of EDUCATION  
and HUMAN DEVELOPMENT  
YOUTH-NEX

# What is YPAR?

## YOUTH

### YPAR...

- ➔ is youth-led, youth-informed, and youth-driven
- ➔ understands youth have important information to share about their experiences
- ➔ looks at youth as *co-researchers* instead of research 'subjects'

## PARTICIPATORY

### YPAR...

- ➔ works *with* youth to answer research questions
- ➔ includes shared decision-making so youth's experiences are considered
- ➔ focuses on youth and adults working collaboratively (both are experts)

## ACTION

### YPAR...

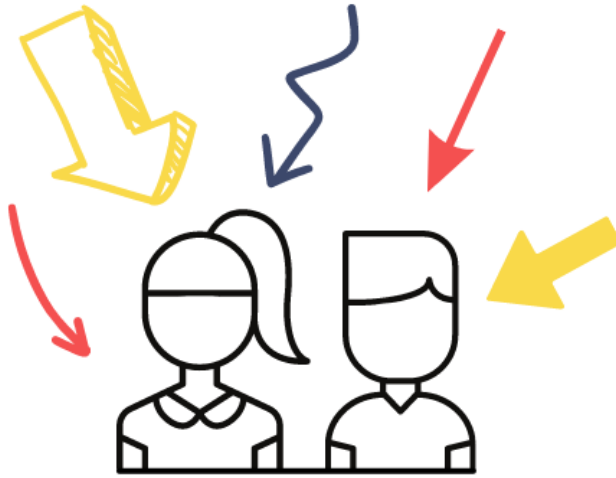
- ➔ focuses on using what is learned from research to 'take action' (make changes)
- ➔ includes recommendations to make sure everyone is treated fairly and justly
- ➔ tries to build solutions that will continue to work for a long time

## RESEARCH

### YPAR...

- ➔ is a process with multiple steps that are sometimes repeated
- ➔ is a type of research that focuses on everyone feeling heard, seen, and valued
- ➔ gives youth any training needed to feel ready and skilled to do research activities
- ➔ focuses on learning information that will make a real difference in youth's lives

## Who are youth research subjects?



- ➔ Youth are observed and evaluated by adults to answer research questions.
- ➔ Youth are not actively involved in the research process.
- ➔ Adults hold the power and make all the decisions during the research process.
- ➔ Adults are considered the experts.

## Who are youth researchers?



- ➔ Youth work with adults to answer research questions.
- ➔ Youth researchers are active during each step and/or multiple steps of the research process.
- ➔ Youth share power and decision-making during the research process.
- ➔ Adults and youth are considered experts.