

Curriculum Vitae

Matthew S. Yoder

EMPLOYMENT

Psychologist & Consultant – National Center for PTSD, Executive Division, Department of Veterans Affairs, White River Junction, VT. October 2014 – present. Provide consultation regarding the assessment & treatment of PTSD to VA and non-VA providers who work with Veterans. Assist VA PTSD clinics with design and patient flow to optimize quality care for patients. Create and disseminate PTSD educational and promotional materials for consumers within and outside of the Dept. of Veterans Affairs.

Associate Professor – University of Virginia, Curry School of Education – Charlottesville, VA. January 2019 – present.

Director of Clinical Training, Clinical and School Psychology Program. Overseeing clinical training for psychology graduate students. Teaching courses in psychotherapy, providing individual and group supervision, managing university training clinic.

Adjunct Professor – University of Virginia, Curry School of Education – Charlottesville, VA. August 2014 – December 2018

Teaching classes in psychopathology, ethics, and career development to students in the Clinical Psychology Ph.D. program within the Curry School of Education. Also provide clinical supervision to practicum students.

Assistant Professor – Medical University of South Carolina – Charleston, SC. August, 2008 – January 2018.

Teaching courses in clinical interviewing, ethics, and Cognitive-Behavioral Therapy to medical students and residents. Co-Investigator on several federally funded grants exploring treatment of PTSD, Serious Mental Illness, and Substance Abuse Disorders. Faculty on the APA-approved clinical psychology internship associated with the MUSC/VA consortium.

Evidence-based Psychotherapy for PTSD via Telemental Health Program Manager –

Department of Veterans Affairs, Washington, D.C. March 2013 – October 2014.

Overseeing three national projects evaluating the feasibility and effectiveness of providing Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT) for veterans diagnosed with PTSD over clinical video technologies.

Staff Psychologist – Ralph H. Johnson Dept. of VA Medical Center, Charleston, SC. August 2008 – March 2013.

Worked as a clinician conducting intakes and assessments as well as providing evidenced-based treatments for PTSD and other disorders (depression, OCD, Panic Disorder, etc) secondary to traumatic experiences. Experience providing treatment in individual and group formats, as well as significant experience conducting treatment over clinical video technologies (telehealth) to community-based outpatient clinics and directly into patients' homes.

EDUCATION

Ph.D. Virginia Tech, 2003-2008

Clinical Psychology

Dissertation: Title – *Evaluation of an Ecological Intervention Targeting Helpers in the*

Aftermath of Disasters
Advisor – Danny Axsom, Ph.D.

- M.A. Eastern New Mexico University, 2001-2003
Major: Psychology
Thesis: Title – *The Effects of Automatic Stereotype Activation on Conscious Tasks*
Advisor – Leslie Gill, Ph.D.
- B.S. Eastern Mennonite University, 1995-1999
Major: Psychology
Minor: Biology

GRANTS

Department of Veterans Affairs: Veterans Health Administration, **Yoder, M.** (PI) 8/2011 – 9/2013

Comparing Mindfulness-based PTSD Treatment (MBPT) to Prolonged Exposure (PE) for combat related PTSD: A pilot study.

The project is a two-year clinical demonstration grant to study mindfulness-based PTSD treatment (MBPT) in veteran populations. MBPT will be modified to be delivered in an individual setting, in 90 minute sessions and will be compared to treatment-as-usual (PE) in a VA Medical Center PTSD clinic. Psychophysiological measures will also be tested as moderators for treatment outcome. \$517,300

Church World Services Foundation Grant **Yoder, M.** (PI) 3/2006 – 4/2008

Evaluation of an Ecological Intervention Targeting Helpers in the Aftermath of Disasters.

The purpose of this study was to evaluate the effectiveness of a community level intervention aimed at helpers in the aftermath of natural and human-made disasters. Helpers (e.g., refugee workers, clergy, medical personnel, etc) from multiple disaster sites around the world (e.g., Kosovo, Sudan, Thailand) were trained in trauma healing and assessed for changes in knowledge, skills, and practices. \$16,000.

PUBLICATIONS

Sayer, N. A., Bernardy, N. C., **Yoder, M. S.**, Schnurr, P. P... (under review). An Intervention to Improve Access to Evidence-Based Psychotherapies for Posttraumatic Stress Disorder: Protocol for a Proof of Concept Quasi-Experimental Quality. *Implementation Science*.

Yoder, M. S. & Turner, T. R. (2014). Assessment via telemental health technology. In S. Bush (Ed.), *Psychological Assessment of Veterans* (pp 159-173). New York: Oxford.

Soltis, K., Acierno, R., Gros, D. F., **Yoder, M. S.**, & Tuerk, P. W. (2014). Post-traumatic stress disorder: Ethical and legal relevance to the criminal justice system. *The Journal of Law, Medicine, & Ethics*, 42(2), 147-154.

Yoder, M. S. (2014). Treating PTSD: Clinician Response. In L. Grossman & S. Walfish (Eds), *Translating Psychological Research into Practice* (pp. 249-252). New York, NY: Springer.

Tuerk, P. W. Hall, B. J., Nagae, N., McCauley, J. L., **Yoder, M. S.**, Rauch, S. A. M., Acierno, R. & Dussich, J. (2013). Forty Days after the Great East Japan Earthquake: Field Research Investigating Community Engagement and Traumatic Stress Screening in a Post-Disaster

Community Mental Health Training. *International Journal of Psychiatry in Medicine*, 45, 159-174.

Yoder, M. S., Lozano, B. E., Center, K. B., Miller, A., Acierno, R., & Tuerk, P.W. (2013). Effectiveness of Prolonged Exposure for PTSD in Older Veterans. *International Journal of Psychiatry in Medicine*, 45(2), 111-124.

Tuerk, P. W., Wangelin, B., Rauch, S. A. M., Dismuke, C. E., **Yoder, M. S.**, Myrick, H., Eftekhari, A., Acierno, R. (2013). Health service utilization before and after evidence-based treatment for PTSD. *Psychological Services*, 10, 401-409.

Yoder, M. S., Axsom, D., & Tuerk, P. W. (2012). Evaluation of an ecological intervention targeting helpers in the aftermath of disasters. *International Perspectives in Victimology*, 6(2) 22-28.

Yoder, M. S., Tuerk, P. W., Rauch, S. A. M., & Hall, B. H. (2012). Ecological collaborations: Mental health response to the great east Japan earthquake. *International Perspectives in Victimology*, 6(2), 8-9.

Yoder, M. S., Tuerk, P.W., Grubaugh, A., Price, M., Strachan, M., Myrick, H., & Acierno, R. (2012). Prolonged Exposure for Combat-Related Posttraumatic Stress Disorder: Comparing Outcomes for Veterans of Different Wars. *Psychological Services* 9(1), 16-25.

Tuerk, P.W., **Yoder, M. S.**, Grubaugh, A., Myrick, H., Acierno, R. (2011). Prolonged exposure therapy for combat-related posttraumatic stress disorder: An examination of treatment effectiveness for veterans of the wars in Afghanistan and Iraq. *Journal of Anxiety Disorders*, 25, 397-403.

Gros, D.F., **Yoder, M. S.**, Tuerk, P.W., Lozano, B.E., & Acierno, R. (2011). Exposure therapy for PTSD delivered to veterans via telehealth: Predictors of treatment completion and outcome. *Behavior Therapy*, 42, 276-283.

Yoder, M. S., Tuerk, P., & Acierno, R. (2010). Prolonged exposure with a WWII veteran: 60 years of guilt and feelings of inadequacy. *Clinical Case Studies*, 9(6), 457-467.

Tuerk, P., **Yoder, M. S.**, Ruggiero, K.J., Gros, D., & Acierno, R. (2010). A pilot study of prolonged exposure therapy for posttraumatic stress disorder delivered via telehealth technology. *Journal of Traumatic Stress*, 23, 116-123.

Gros, D., Tuerk, P., **Yoder, M.S.** & Acierno, R (2010). Specificity of posttraumatic stress disorder (PTSD) symptoms: An investigation of comorbidity between PTSD and depression in combat veterans. In C.M. Hunter, C.L. Hunter, & R. Kessler (Eds): *Handbook of Clinical Psychology Competencies Vol. 2*. New York: Springer.

Yoder, M. S., Best, C., Shealy, R., Garr, D., & Schmidt, M. (2009). When disaster strikes: Bridging the hospital preparedness gap. *Journal of Emergency Management*, 7(4), 46-50.

Yoder, M., & Jones, R.T. (2009). Self-care for personnel working with displaced populations. *Domestic Disaster Displacement (3D) Manual: Working With People Who Have Been Displaced*. National Child Traumatic Stress Network.

RECENT PRESENTATIONS AND PAPERS

- Yoder, M.S.,** Norman, S., McKee, T., & Maieritsch, K. (2018). Consultation related to improvements in implementation of evidence-based practices for PTSD. Poster presented at the International Society of Traumatic Stress Studies (ISTSS) National Meeting, November 8-10, Washington, D.C.
- Yoder, M.S.,** & Bernardy, N. (2017). Outpatient PTSD Treatment: Characteristics of VA Outpatient PTSD clinics. Poster presented at the International Society of Traumatic Stress Studies (ISTSS) National Meeting, November 9-11, Chicago, IL.
- Yoder, M.S.,** & Tuerk, P.W. (2016). Home-based PTSD treatment: Predictors of treatment outcome. Poster presented at the International Society of Traumatic Stress Studies (ISTSS) National Meeting, November 10-12, Dallas, TX.
- Yoder, M.S.,** Birks, A., & Tuerk, P. W. (2015). Home-based Treatment for PTSD with Veterans: Processes and Treatment Outcomes. Poster presented at the International Society of Traumatic Stress Studies (ISTSS) National Meeting, November 5-7, New Orleans, LA.
- Yoder, M.S.,** Center, K., Lozano, B., Peluso-Abbott, S., & Acierno, R., Tuerk, P.W. (2013). Effectiveness of Prolonged Exposure therapy for PTSD in Older Adults. Paper presented at the American Association of Geriatric Psychiatry Annual Meeting, March 14-17, Los Angeles, CA.
- Yoder, M.S.,** Miller, A., Center, K. & Tuerk, P. (2012). Mindfulness-based PTSD Treatment: Outpatient, Individualized Therapy for Veterans with PTSD. Presentation at the Association of Behavioral and Cognitive Therapies (ABCT) National Meeting, November 15-18, Inner Harbor, MD.
- Acierno, R., Tuerk., P. W., **Yoder, M. S.,** & Yuen, E. (2012). Home-based telemedicine delivery of evidence-based psychotherapy for comorbid PTSD and depression: Results from an ongoing large scale RCT. Paper presented at the Annual Conference of the Society for the Study of Anxiety and Stress, September, Valencia, Spain.
- Yoder, M.S.** (2011). *PTSD treatment: results across different (and potentially difficult) populations.* Presentation at VA HSR&D 2011 National Meeting, August 23-25, Baltimore, MD.
- Yoder, M. S.,** Tuerk, P. W., Rauch, S. A. M., Hall, B. H. (2011). *Mental Health Following Disaster: Working with Survivors of Extreme Events.* Invited talk at the Tokiwa Victimology Institute, April, Tokiwa University, Mito, Japan.
- Price, M., Gros, D. F., Strachan, M., Tuerk, P. W., **Yoder, M.,** Ruggerio, K. J., Egede, L. E., Lejuez, C.W., Acierno, R. (2011). Comparison of general health outcomes for African Americans and Caucasians after outpatient treatment for PTSD. Poster presented at the VA HSR&D 2011 National Meeting, February, Baltimore, MD.
- Yoder, M.** (2010). *Veterans in the Pews: Reintegration issues within the Church.* Invited training at ecumenical caucus of clergy. April 17-18, Raleigh, NC.

Tuerk, P.W, **Yoder, M.**, Acierno, R. (2010). *Best Practice in Training Unlicensed Mental Health Clinicians: Teaching Empirically Supported Treatments*. Symposium Presentation at the 2010 National VA Mental Health Conference: Implementing a Public Health Model for Meeting the Mental Health Needs of Veterans, July 28, 2010, Baltimore MD.

Yoder, M., Tuerk, P., Ruggiero, K., & Acierno, R. (2009). *Prolonged Exposure for Combat-Related PTSD: Differences in live vs. telehealth treatment delivery*. Paper presented at International Society for Traumatic Stress Studies Conference, November 5-7, Atlanta, GA.

Grubaugh, A. & **Yoder, M.** (2009). *Open Trial of Prolonged Exposure Among Patients with Severe Mental Illness*. Paper presented at International Society for Traumatic Stress Studies Conference, November 5-7, Atlanta, GA.

Yoder, M., Yoder, C., & Axsom, D. (2009). *Helping Helpers: Evaluation of an Ecological Approach to Disaster Intervention*. Paper accepted for oral presentation at International Conference on Coping and Resilience, October, 3-6, Dubrovnik-Cavtat, Croatia.

JOURNAL REVIEWS

2008 – current	Journal of Traumatic Stress
2008 – 2011	Clinical Case Studies
2009- current	Journal of Emergency Management
2010 – current	Psychological Services

CURRENT RESEARCH INTERESTS

I am broadly interested in the area of trauma psychology, exploring how extreme events affect human cognition and behavior. In particular, I am interested in the application of science to the treatment of PTSD and in the use of evidence-based psychotherapies for PTSD. In addition, I am interested in disasters and the effects natural and human-made, large-scale traumatic events have on communities and individuals. I am interested in ways in which the field of psychology can best respond to the mental health needs of those impacted by such events, including alternatives to clinic-based, medical models of intervention.

CLINICAL EXPERIENCE

Clinical Psychologist – Private Practice. Charleston, SC and Charlottesville, VA. August 2009 – present. Providing evidence-based psychotherapy for a range of psychological disorders in adults, adolescents, and families. Specializing in PTSD and other anxiety disorders across age ranges.

Staff Psychologist – Ralph H. Johnson Dept. of Veterans Affairs Medical Center, Charleston, SC. August 2008 – March 2013. Worked as a clinician conducting intakes and assessments as well as providing evidenced-based treatments for PTSD and other disorders (depression, OCD, Panic Disorder, etc) secondary to traumatic experiences. Experience providing treatment in individual and group formats, as well as significant experience conducting treatment over clinical video technologies (telehealth) to community-based outpatient clinics and directly into patients' homes.

Clinical Psychology Intern – Medical University of South Carolina, Charleston, SC. August 2007 – July 2008. Completed full-time rotations at the National Crime Victims Center as well as the Ralph H. Johnson VA Medical Center in the PTSD clinic. Part-time rotations were also completed at the Lowcountry Children’s Center and in the Couple’s Clinic at the VAMC.

TEACHING EXPERIENCE

Courses Taught

Psychopathology	guest lecture	Fall 2014 – current (UVA)
Ethics	1 section	Fall 2012 – Spring 2013 (MUSC)
Fundamentals of Patient Care	1 section	Fall 2008 – Spring 2013 (MUSC)
Abnormal Psychology	2 sections	Fall 2006, Spring 2007 (Virginia Tech)
Social Psychology	2 sections	Spring 2004, Spring 2006 (Virginia Tech)
Personality Psychology	1 section	Fall 2005 (Virginia Tech)
Introductory Psychology	2 sections	Fall 2003 (Virginia Tech)
Developmental Psychology	4 sections	Fall 2002, Spring 2003 (ENMU)