Vitae

Martin E. Block

Personal Data

Name: Martin E. Block, Ph.D., CAPE
Department: Kinesiology
Rank: Professor (as of fall 2007)

Academic Background

B.A. Guilford College, Greensboro, NC (Physical Education) 1980

M.A. The Ohio State University, Columbus, OH (Adapted Physical Education) 1981

Ph.D. University of Maryland, College Park, MD (Kinesiology-Motor Development) 1990

Ranks Held at the University of Virginia

2007-present *Professor, Director Master's Program in Adapted Physical Education*
Department of Kinesiology Program, Curry School of Education
University of Virginia, Charlottesville, VA.

1997-2007 *Associate Professor; Director Master's Program in Adapted Physical Education*
Kinesiology Program, Department of Human Services, Curry School of Education
University of Virginia, Charlottesville, VA.

1992-1997 *Assistant Professor; Director Master's Program in Adapted Physical Education*
Kinesiology Program, Department of Human Services, Curry School of Education
University of Virginia, Charlottesville, VA.

Other Professional Work Experience

1990-1992 *Assistant Professor and Director of Adapted Physical Education*,
Department of Physical Education,
Northern Illinois University, DeKalb, IL.

1987-1999
2003-2006 *Director of Motor Activities Training Program*, Special Olympics International, Washington, D.C.

1986-1990 *Graduate Teaching Assistant/Assistant Instructor*, Dept. of Kinesiology, University of Maryland, College Park.

1987-1989 *Adapted Physical Education Specialist*, Ivymount School, Rockville, MD. (Students 2 to 15 years of age with learning and emotional disabilities).

1981-1986 *Adapted Physical Education Specialist*, New Dominion School, Manassas, VA. (Students 2 to 21 years of age with moderate to severe, multiple disabilities).

Teaching

Fall
KINE 5260: PE for Children with Physical, Sensory and Health Impairments (since 2020)
KINE 5270: Physical Education for Children with Autism (online class since 2015)
KINE 5280: Seminar in APE (every year since 1993)
KINE 8980: Practicum in Adapted Physical Education (APE) (every year since 1993)

Spring
KINE 2200: Motor Development (every year since 1993)
KINE 8980: Practicum in APE (every year since 1993)
KINE 5250: PE for Children with Severe Disabilities (every year since 2002)

Summer
KINE 5220 Program Planning/Evaluation in Kinesiology for Indiv. with Dis. (1993-2014; 2019 to present)
KINE 5230: Sports, Recreation, and Camping for Individuals with Disabilities (2007-20)
KINE 5240: APE for Individuals with Developmental Disabilities (every year since 1993)

Refereed Journal Articles (over 130 articles since 1987)

Liu, Z., Herold, F., Healy, S., Haegele, J., Block, M.E., Ludyga, A., Ng, J.L., Gerber, M., Hossain, M.M. Taylor, A, Müller, N.G., Kramer, A.F., & Zou, L. (paper submitted for publication). Understanding 24-Hour Movement Guideline Adherence and Links to School Achievement, Social-Behavioral Problems, and Emotional Functioning Among Children and Adolescents with Learning Disabilities. *Pediatrics*.

Meijun Hou[1], Fabian Herold [2], Sean Healy[3], Justin Haegele[4], Martin E Block[5], Sebastian Ludyga [6], Felipe B. Schuch[7, 8], Jonathan Leo Ng [9], Markus Gerber[6], Mahbub Hossain[10, 11], Alyx Taylor[12], Tine Van Damme[13], Notger G. Müller[2], Arthur F. Kramer [14, 15], Liye Zou. (paper submitted for publication). 24-Hour Movement behavior guideline adherence are linked to academic performance, social function, and emotional function among children and adolescents with visual impairment. *International Journal of Clinical and Health Psychology.*

Strehli, I., Ziegenfuss, D.H., Block, M.E., Burns, R.D., Bai, Y., & Brusseau, T.A. (paper submitted for publication). Qualitative examination of a mind-body physical activity intervention on stress among college students during COVID-19. *Health Education & Behavior.*

Boroushak, N., Salar, S., & Block, M.E. (paper submitted for publication). The sport centers framework in a COVID-19 environment. *The Journal of Physical Activity and Health.*

Forbes, A.J., & Block, M.E. (in press). Strategies for adapted physical education teachers to connect the BRIDGE with parents of children with disabilities. *The Physical Educator.*

Ostrosky, M. M., Favazza, P. C., Yang, H. W., Stalega, M., Aronson-Ensign, K., Cheung, W. C., Akamoglu, Y., Block, M., & Kwan, N. (in press). Investigating the impact of a motor program on preschoolers with disabilities: Findings from a RCT. *Infants and Young Children.*

Columbo-Dougovito, A., MacDonald, M., & Block, M.E. (in press). Including children on the autism spectrum in adapted physical activity research: Strategies to navigate the grey area of informed consent. *International Journal of Kinesiology in Higher Education.*

Leake, M., Block, M., & McKay, C. (2023). Using Paralympic School Day as a model for an adapted physical education professional development for physical educators. *The Physical Educator*, *80*(3), Article 3. https://doi.org/10.18666/TPE-2023-V80-I3-11533

Nowland, L. A., Brink, C., & Block, M.E. (2023). Using a Social Justice Lens when training future physical educators for the inclusion of students with disabilities. *Palaestra*, *37*(1), 21-26.

Strehli, I., Burns, R.D., Bai, Y., Ziegenfuss, D.H., Block, M.E., & Brusseau, T.A. (2023). Development of an online mind-body physical activity intervention in young adults during COVID-19: A pilot study. *International Journal of Environmental Research and Public Health*. *20*, 4562. https://doi.org/10.3390/ijerph20054562

Kranz S., Lukacs J., Bishop J., & Block, M.E. (2022). Intergeneration transfer of diet patterns? Parental self-report of diet and their report of their young adult children with ASD. PLOS ONE 17(2): e0263445.

Strehli, I., Ziegenfuss, D.H., Block, M.E., Burns, R.D., Bai, Y., & Brusseau, T.A. (2022). "I felt grounded and clear-headed": Qualitative exploration of a mind-body physical activity intervention on stress among college students during COVID-19. INQUIRY: *The Journal of Health Care Organization, Provision, and Financing.* 59, published online. doi:10.1177/00469580221126307

Bishop, J., Block, M.E., Nichols, C., Krantz, S., Lucacs, J. (2022). Determinants of physical activity of transitioning adult children with autism spectrum disorder. *Heliyon*. Published online - https://doi.org/10.1016/j.heliyon.2022.e10150

Block, M.E., Johnson, M., Whaley, D., & Judge, J. (2022). Utilizing self-determination theory to promote physical activity in individuals with autism spectrum disorder. *Palaestra, 36(3)*, 50-55.

Hynes, J., & Block, M.E. (2022). Effects of physical activity on social, behavioral and cognitive skills in children with autism spectrum disorder: A systematic review of the literature. *Review Journal of Autism and Developmental Disorders*. Published online. Doi: https://doi.org/10.1007/s40489-022-00319-5

Block, M.E., & Fines. A. (2022). Examining physical activity for individuals with disabilities through a social justice lens. *Kinesiology Review*. *11*(1), 80-87.

Kwon, E., Block, M., Healy, S. & Kim, T. (2022). Adapted physical education: The perspective of Asian parents. *International Journal of Environmental Research and Public Health, 19*, 91. https://doi.org/10.3390/ijerph19010091

Block, M.E. Haegele, J., Kelly, L. & Obrusnikova, I. (2021) Exploring future research in adapted physical education, *Research Quarterly for Exercise and Sport*, 92(3), 429-442. https://doi.org/10.1080/02701367.2020.1741500

Strehli, I., Burns R.D., Bai, Y., Ziegenfuss, D., Ryan D. Burns, Yang Bai, Donna Ziegenfuss, Block, M.E., & Brusseau, T.A. (2021). Mind-body physical activity interventions and stress-related physiological markers in educational settings: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health. 18, 224. https://doi.org/10.3390/ijerph18010224*.

McKay, C., Park, J.Y., & Block, M.E. (2021). Exploring the variables associated with student attitudes toward inclusion in physical education after taking part in the Paralympic School Day programme. *The International Journal of Inclusive Education, (25)*3, 329-347. DOI: 10.1177/1356336X18768038

Nichols, C., & Block, M.E. (2021). Graduate program accreditation in adapted physical education in the United States: Starting a conversation. *Palaestra, 35*(1), 45-53.

Wang, Y-S., Liu, L., Wei, X-W., & Block, M.E. (2020). Self-efficacy of pre-service physical education teachers in disabilities education in China. *Sustainability*, *12*(8), 1-11. **https://doi.org/10.3390/su12187283**

Block, M.E., Nichols, C., & Bishop, J. (2020). An affinity-based approach to physical activity in children with ASD. *Palaestra*. *34*(2), 32-36.

Fines, A., & Block, M.E. (2020). Building Collegiate Adapted Sports: Goalball Case Study *Sport, Education and Society*. Published Online, DOI: 10.1080/13573322.2020.1729113

Colombo-Dougovito, A., Block, M.E., Zhang, X., & Strehli, I. (2020). Modifications to standardized assessments commonly used with children with autism spectrum. *Autism: International Journal of Research and Practice, 24(*3). 693-706.

Colombo-Dougovito, A., Kelly, L.E., & Block, M.E. (2019). The effect of task modifications on the gross motor performance of boys on the autism spectrum: A pilot study. *Journal of Developmental and Physical Disabilities*. https://doi.org/10.1007/S10882-019-09666-4

Yang, H.W**.,** Ostrosky, M.M., Favazza, P. C., Stalega, M. & Block, M.E. (2019). Embedding motor activities into inclusive preschools. *Young Exceptional Children, 22(4)*. 77-86.

Dattilo, J., Siperstein, N., McDowell, E. D., Shleien, S. J., Whitaker, E. B., Block, M. E., Spolidoro, M., & Bari, J. (2019). Perceptions of programming needs for inclusive leisure services. *Journal of Park and Recreation Administration*. doi: 10.18666/JPRA-2019-9514

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Selickaitė, D., Pukenas, K., Reklaitiene, D., Hutzler, S., & Block, M.E. (May 29, 2019). Validity of the self-efficacy instrument for physical education teachers towards inclusion in Lithuania. *Physical Education and Sport Pedagogy*. 9(2). https://doi.org/10.1177/2158244019852473

Healy, S., Block, M.E., & Kelly, L.E. (2019). The impact of online professional development on physical educators' knowledge and implementation of peer tutoring. *International Journal of Disability, Development and Education*. Published online April 18, 2019. https://doi.org/10.1080/1034912X.2019.1599099

Wilhelmsen, T., Sørensen, M., Seippel, O.N., & Block, M.E. (2019). Parental satisfaction with inclusion in physical education. *International Journal of Inclusive Education.* DOI: 10.1080/13603116.2019.1597930.

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Siperstein, G.N., McDowell, E.D., Schleien, S.J., Dattilo, J., Block, M.E., Spolidoro, M. Bari, J. Hall, A. Bari, J., and Aron Hall (2019). Best practices in inclusive camping: A roundtable discussion on programming *Camping Magazine*, 92(2), 52-59.

Colombo-Dougovito, A. & Block, M.E. (2019). Fundamental motor skill interventions for children and adolescents with autism spectrum disorder: A literature review. *Review Journal of Autism and Developmental Disorders,6*(2), 159-171.

Nichols, C., Block, M. E., Bishop, J. C., & McIntire, B. (2018). Physical activity in young adults with autism spectrum disorder: Parental perceptions of barriers and facilitators. *Autism*. https://doi.org/10.1177/1362361318810221.

Selickaitė, D., Hutzler, Y., Pukėnas, K., Block, M. E., & Rėklaitienė, D. (2018). Validity and Reliability of a Lithuanian Physical Education Teachers' Self-Efficacy Scale Toward Inclusion of Students with Autism Spectrum Disorders. *Baltic Journal of Sport and Health Sciences*, *3*(110), 38-49. https://doi.org/10.33607/bjshs.v3i110.249

Nichols, C., Block, M.E., & Wilson, W. (November, 2018). Analysis of graduate programs in adapted physical education in the United States. *International Journal of Kinesiology in Higher Education (published online), 1-10.*

Bishop. J., Nichols, C., McIntire, B., & Block, M.E. (2018). Using the ICF model to increase physical activity of young adults with ASD residing in group homes. *Palaestra, 32*(4), 47-55.

Li, C., Wang, L., Block, M.E., Sum, R.K.W., Wu, Y. (2018). Validation of the Physical Educators' Self-Efficacy Toward Including Students with Disabilities-Autism for Chinese pre-service physical education teachers. *Adapted Physical Activity Quarterly*, 35, 159-174.

McKay, C., Park, J. & Block, M.E. (2018). Fidelity criteria development: Aligning Paralympic School Day with contact theory. *Adapted Physical Activity Quarterly*, 35, 233-242.

Healy, S., Judge, J., Colombo-Dougovito, A., Kwon, E., & Strehli, I. & Block, M.E., (2018). A practical guide to the development of an online course in adapted physical education. *Palaestra*, *32*(1), 32-38.

Koh, Y., & Block, M.E. (2017). A Strategy to improve pre-service teacher's self-efficacy toward inclusive physical education. *International Journal of Inclusive Education. International Journal of Inclusive Education 22*(2), 1-17.

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Block, M.E., Healy, S., Kwon, E., Ruin, S., & Volkmann, V. (2017). Können Haltungen und Verhalten verändert werden? Der (internationale) Diskurs um Adapted Physical Education in der Sportlehrerbildung. *Sonderpädagogische Förderung heute 62*(3), 255-265.

Block, M.E., Giese, M., & Ruin, S. (2017). Inklusiver Sportunterricht – eine internationale Standortbestimmung (Inclusive Physical Education – an International Localization). *Sonderpädagogische Förderung heute 62*(3), 233-243.

Block, M.E., Kwon, E., & Healy, S. (2016). Preparing Future Physical Educators for Inclusion: Changing the Physical Education Teacher Training Program. *Revista da Sobama, Marília (Journal of the Brazilian Association of Adapted Physical Activity)*, *17*(1), 9-12.

Cordente-Mesas, D., González-Víllora, S., Block, M.E., & Contreras-Jordán, O.R. (2016). Structure, validity and reliability of the Children´s Attitudes Towards Integrated Physical Education-Spanish version (CAIPE-SP). *European Journal of Adapted Physical Activity*, *9*, 3-12.

Wilson, W.J., Beamer, J. & Block, M.E. (2016). Adapted physical education in self-contained settings: Planning for successful instruction, *Strategies, 29*(5), 22-30.

Aleksandrovic, M., Jorgic, B., Block, M.E., Jovanovic, L. (2016). The effects of aquatic activities on physical fitness and aquatic skills in children with autism spectrum disorders: A systematic review. *FACTA UNIVERSITATIS: Physical Education and Sport*, 13(3), 351-362.

Columbo-Dougovito, A., & Block, M.E. (2016). Making task constraints work for you: *Journal of Physical Education, Recreation and Dance*, 87(1), 32-37.

Healy, S., Judge, J., Block, M.E., & Kwon, E. (2016). Preparing adapted physical educators to teach students with autism: current practices and future directions, *The Physical Educator, 73*(1), 97-109.

McKay, C., Block, M.E., & Park, J.Y. (2015). The impact of Paralympic School Day on student attitudes toward inclusion in physical education. *Adapted Physical Activity Quarterly*. 32, 331-348.

Campos, M. J., Ferreira, J. P., Block, M.E. (2015). Exploring Portuguese teacher's voices about inclusion in physical education: A qualitative analysis. *Innovative Teaching, 4*, 1-9.

Jovanović, L., Kudláček, M., Block, M.E., & Djordjević, I. (2015). Self-efficacy of pre-service physical education teachers Towards teaching students with disabilities in general physical education classes in Serbia. *European Journal of Adapted Physical Activity*, *7*(2), 32-46.

Healy, S., Judge, J., & Block, M.E. (2014). APE teacher perceptions on advantages and disadvantages of online teacher development. *Palaestra*, *28*(4), 14-16.

Campos, M. J., Ferreira, J. P, Block, M.E. (2014). Analyzing the structure, validity and reliability of the Physical Educators' Attitude toward Teaching Individuals with Disabilities III – PEATID III. *Annals of Research in Sport and Physical Activity, 5, 101-114.*

Campos, M. J., Ferreira, J. P., Block, M.E. (2014). Influence of an awareness program on Portuguese middle and high school students' perceptions toward peers with disabilities. *Psychological Reports, 115*(3), 1-16.

Papaioannou, C., Evaggelinou, C., & Block, M.E. (2014). The effect of a disability camp program on attitudes towards the inclusion of children with disabilities in a summer sport and leisure activity camp. *International Journal of Special Education*. 29(1), 1-9.

Park, S., Block, M.E., & Koh, Y. (2014). Analysis of the relative importance and priority in the contributing factors for successful inclusive physical education. *Palaestra*, *28*(1), 42-49.

Papaioannou, C., Evaggelinou, C., & Block, M.E. (2013). Attitudes toward inclusion of children with disabilities: Effect of a disability awareness program in a summer camp. *European Journal of Adapted Physical Activity*. 6(2), 19-28.

Campos, M. J., Ferreira, J. P, Block, M.E. (2013). An analysis into the structure, validity and reliability of the Children's Attitudes towards Integrated Physical Education-revised (CAIPE-R). *European Journal of Adapted Physical Activity, 6(2), 29-37.*

Block, M.E., Hutzler, S., Barak, S., & Klavina, A. (2013). Creation and validation of the situational specific self-efficacy survey (SSSE). *Adapted Physical Activity Quarterly, 29,* 184-205.

Block, M.E., Taliaferro, A., & Moran, T.E. (2013). Physical activity and youth with disabilities: Benefits, barriers and supports. *The Prevention Researcher*, *20*(2), 18-20.

Klavina, A., & Block, M.E. (2013). Training peer tutors to support children with severe, multiple disabilities in general physical education. *Palaestra*, *27*(2), 28-34.

Block, M.E. (2013). Inclusion: What is needed to make it work for all children with disabilities? *Hacetepe Journal of Sport Sciences, Special Issue of Invited Speakers – 19th International Symposium of Adapted Physical Activity, 24* (2), 6-12.

Kwon, E., & Block, M.E. (2013). Athletes with Intellectual Disabilities and the Paralympics. *Palaestra, 26*(3), 25-27.

Bishop, J.C, & Block, M.E. (2012). Positive illusionary bias in children with ADHD: Implications for physical education. *JOPERD, 83*(9), 43-4

Chenevert, M., Pierce, T., & Block, M.E. (2012). One shining moment for one special class: Special Olympics challenge day. *Palaestra, 26*(2), 19-24.

Obrusnikova, I., Dillon, S. R., Block, M. E., & Davis, T. (2012). Validation of the children's intentions to play with peers with disabilities in middle school physical education scale. *Journal of Developmental and Physical Disabilities, 24*(1). 35-51. DOI: 10.1007/s10882-011-9253-1.

Obrusnikova, I., Dillon, S. R., & Block, M. E. (2011). Middle school student intentions to play with peers with disabilities in physical education: Development and Initial Validation. *Journal of Developmental and Physical Disabilities, 23,* 113-127. DOI 10.1007/s10882-010-9210-4.

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Klavina, A., & Block, M.E. (2008). The effects of peer tutoring on interaction behaviors in inclusive physical education. *Adapted Physical Activity Quarterly, 25,* 132-158.

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Block, M.E., Lauer-Hornbaker, J., & Klavina, A. (2006). Functional assessment of children with severe, multiple disabilities. *Palaestra.22(4),* 25-31.

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Block, M.E., & Conatser, P. (1999). Consultation in Adapted Physical Education. *Adapted Physical Activity Quarterly*, *16*, 9-26.

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Block, M.E., & Malloy, M. (1998). Attitudes of girls towards including a child with severe disabilities in a regular fast-pitch softball league. *Mental Retardation*, *36*, 137-144.

Block, M.E., Lieberman, L., & Conner-Kuntz, F. (1998). Authentic assessment in adapted physical education. *Journal of Physical Education, Recreation, and Dance*, *69*(3), 48-57.

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Block, M.E. (2023, May). *Simple strategies to modify group games and team sports*. Developmental Approaches in Early Intervention & Motor Skills-Based Intervention Symposium, Istanbul, Turkey (Virtual).

Block, M.E. (2023, April). *Using visual supports in physical education with children with autism spectrum disorder*. Presentation at the International Summit on Exercise and Neurodiversity. Shenzhen University, Guang Dong Sheng, China (Virtual).

Block, M.E., Mehrtens, C., Leake, M. (2023, March). *Realities and challenges to inclusive physical education*. Presentation at the Calgary Adapted Hub Research & Community Engagement, Calgary, Canada (Virtual).

Block, M.E., Leake, M., & McKay, C. (2022, August). *Using Paralympic School Day as a Model for In-service programming for physical education teachers.* Keynote presentation (virtual) at the Asian Society of Adapted Physical Activity Conference, Hong Kong, China.

Block, M.E. (2022, June). *Applying Social Justice Theory to Promoting Physical Activity for Individuals with Disabilities.* Keynote presentation at the European Congress on Adapted Physical Activity. Coimbra, Portugal.

Block, M.E. (2022, May). *Promoting community sports opportunities for individuals with disabilities.* Presentation at the Education Forum: Europe-Eurasia Special Olympics Conference, Valletta, Malta.

Grenier, M., Block, M.E., Silliman-French, L., & Young, A. (2021, May). Adapted physical education for children with disabilities in the United States. Presentation at the Özel Gereksinimli Öğrenciler için Beden Eğitimi ve Spor Çalıştayı/*Phys. Education for Children with Special Needs Conference*, Istanbul, Turkey (Virtual).

Block, M.E. (2021, May). Using visual supports for children with autism spectrum disorder in physical education. Presentation at the Özel Gereksinimli Öğrenciler için Beden Eğitimi ve Spor Çalıştayı/*Physical Education for Children with Special Needs Conference*, Istanbul, Turkey (Virtual).

Hynes, J., & Block, M.E. (May, 2021). Effects of physical activity on social, behavioral and cognitive skills in children with autism spectrum disorder: A systematic review of the literature. Presentation at the *North American Society for Psychology of Sport and Physical Activity* (Virtual).

Legg, D., Wolf, E., Carty, C., Block, M.E., Hiwandi, O., Ozer, D., Muster, M., Charles, O., Meyer, B., Ng, K. & Sit, C. (December, 2020). Promoting Inclusive Environments through Adapted Physical Activity. Presentation at *U.N.'s 13th session – Conference of States Parties to the Convention on the Rights of Persons with Disabilities*. New York (conducted virtually).

Block, M.E. (November, 2020). Individualizing within a special class physical education program. Keynote speaker at the *MINDS Physical Education Conference*, Singapore, Singapore.

Block, M.E. (December, 2019). Promoting Inclusive Physical Activity in the Community. Invited presentation at the *JDC/Ministry of Sport and Culture Inclusive Sport Conference*, Tel Aviv, Israel

Block, M.E. (November, 2019). An introduction to motor and fitness challenges with children with ASD. Keynote Presentation at the *Autism Spectrum Disorder Forum: Charting the Path Forward for Teachers and Rehabilitation Specialists in China,* Beijing, China.

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Block, M.E., & Nichols, C. (October, 2018). *Effects of an online course on physical educators' self-efficacy and knowledge towards children with Autism.* Presentation at the North American Federation of Adapted Physical Activity Conference. Portland, OR.

Colombo-Dougovito, A. M**.**, & Block, M. E. (August, 2018). *A mixed methods analysis of a fundamental motor skill intervention for children with autism spectrum disorder.* Presentation at the MMIRA International Conference. Vienna, Austria.

Block, M.E. (2018, June). Global perspectives on inclusive physical education. Keynote presentation at the *African Inclusive Education International Conference*. Awka, Nigeria.

Block, M.E. (2018, June). Preparing physical educators in Nigeria to work with children with intellectual disabilities. Presentation at the *African Inclusive Education International Conference*. Awka, Nigeria.

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Block, M.E. (2017, June). *Facilitating social inclusion in physical education*. Keynote presentation at the 20th International Symposium of Adapted Physical Activity, Daegu, South Korea.

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Colombo-Dougovito, A., & Block, M.E. (2017, June). *Task modifications to improve motor performance in children with ASD: A pilot study using a dynamic systems approach*. Paper presented at the 20th International Symposium of Adapted Physical Activity, Daegu, South Korea.

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Nichols, C., Block, M.E., & Wilson, W. (2017, June). *Analysis of APE Graduate Programs in the US: Global Implications*. Presentation at the 20th International Symposium of Adapted Physical Activity. Daegu, South Korea.

Block, M.E., Kwon, E., & Healy S. (2017, June)). Use of short, online modules to prepare physical educators for inclusion. Presentation at the 20th International Symposium of Adapted Physical Activity. Daegu, South Korea.

Yun, J.K., Haegele, J.A., Block, M.E., Kudlacek, M. Jin, Jooyeon (2017, June). *Publishing in English language journals*. Presentation at the 20th International Symposium of Adapted Physical Activity. Daegu, South Korea.

Colombo-Dougovito, A., & Block, M. E. (2016, September). *Parent perceptions of the physical ability of children with ASD: An excerpt from a mixed methods dissertation of a FMS intervention*. Presentation at the North American Federation of Adapted Physical Activity (NAFAPA) annual conference. Alberta, Canada.

Colombo-Dougovito, A. M., Kelly, L. E., & Block, M. E. (2016, August). *The effect of task modifications on fundamental motor skills of children with ASD: Preliminary results of a pilot study*. At the National Consortium for Physical Education for Individuals with Disabilities (NCPEID) annual meeting. Tyson's Corner, VA.

Block, M.E. (2016, August). *Use of online supplements to prepare physical educators for inclusion***.** Presentation at the National Consortium for Physical Education for Individuals with Disabilities. Washington, DC

Grenier, M., Block, M., Lieberman, Klavina, A, & Campos, M. (2016, June). *Dilemmas of difference, inclusion and disability: International perspectives on placement and practice*. Presentation at the European Conference on Adapted Physical Activity. Olomouc, Czech Republic.

Selickaite, D, Block, M.E., Hutzler, Y, Poseriene, J., & Reklaitiene, D. (2016, June). *Validation of the self-efficacy scale towards inclusion in Lithuania for physical education teachers*. Presentation at the European Conference on Adapted Physical Activity. Olomouc, Czech Republic.

Block, M.E. (2015, June). Preparing future physical educators for inclusion: changing physical education teacher training programs. Keynote presentation at the *International Symposium of APA*. Netanya, Israel.

Kwon, E., & Block, M.E. (2015, June). Implementing an e-learning supplement in physical education teacher education programs. Presentation at the *International Symposium of Adapted Phys Activ*. Netanya, Israel.

Tekidou, G., Evaggelinou, C., Papaioannou, C., & Block, M.E. (2015, June). Self-Efficacy of Greek Physical Education Teachers toward Inclusion in Physical Education Classes. Presentation at the *International Symposium of Adapted Physical Activity*. Netanya, Israel.

Shapiro, D., Block, M.E., McDaniel, C., & Koh, Y. (2014, October). Policies and Practices of Youth Sport Organizations in Accommodating Children with Disabilities. Presentation at the North American Federation of Adapted Physical Activity Conference, Ann Arbor, MI.

Block, M.E. (2014, September). *Preparing future physical educators for inclusion: Changing the physical education teacher-training program.* Keynote presentation at the European Conference on Adapted Physical Activity. Madrid, Spain.

Healy, S., Judge, J., & Block, M.E. (2014, September). *Adapted physical education specialist's preparation for teaching students with autism spectrum disorders*. Presentation at the European Conference on Adapted Physical Activity (EUCAPA). Madrid, Spain.

Harris, N., & Block, M.E. (2014, September). *Effects of a one-day in-service on general physical educators' self-efficacy to include students with autism.* Presentation at the European Conference on Adapted Physical Activity (EUCAPA). Madrid, Spain.

Block, M.E., & French, R. (2013, July). *Should children with disabilities be included in general physical education*? Presentation at the International Federation of Adapted Physical Activity. Istanbul, Turkey.

Kwon. E., Block, M.E., & Hull, M.F. (2013, July). *The Role of Higher Education to Foster Certified Adapted Physical Educators*. Presentation at the International Federation of Adapted Physical Activity. Istanbul, Turkey.

Lieberman, L.J., Grenier, M., Lytle, R., & Block, M.E. (2013, July). *The practical experience in adapted physical education programs*. Presentation at the International Federation of Adapted Physical Activity. Istanbul, Turkey.

Daly, D., Block, M.E., & Davis, R. (2012, October). *European Masters Program in Adapted Physical Activity*. North American Federation of Adapted Physical Activity. Birmingham, AL.

Kim, Y., Jeong, M., & Block, M.E. (2012, October). *Challenges in Measuring Teacher Effectiveness in Adapted Physical Education*. North American Federation of Adapted Physical Activity. Birmingham, AL.

Kwon, E., & Block, M.E. (2012, October). *Asian Parents' Perspectives on Adapted Physical Education*. North American Federation of Adapted Physical Activity. Birmingham, AL.

Harris, N.P., Taliaferro, A., & Block, M.E. (2012, October). *Effects of a One-day In-service on Self-Efficacy of Physical Educators towards Including Children with Autism*. North American Federation of Adapted Physical Activity. Birmingham, AL.

Strehli, I., & Block, M.E. (2012, October). *Hungarian v US Pre-service Physical Educator's Self Efficacy towards Inclusion*. North American Federation of Adapted Physical Activity. Birmingham, AL.

Strehli, I., Farkas, J., Block, M.E. (2012, May). *Hungarian pre-service physical educators self-efficacy towards working with children with disabilities in general physical education*. Presentation at the European Conference on Adapted Physical Activity. Kerry, Ireland.

Klavina, A., & Block, M.E (2012, May). *Peer tutoring for middle school students with severe disabilities in inclusive physical education*. Presentation at the European Conference on Adapted Physical Activity. Kerry, Ireland.

Block, M.E., Hutzler, S., & Klavina, A. (2011, July). *Creation and validation of the Situational Specific Self-Efficacy Scale*. Presentation at the the International Symposium on Adapted Physical Activity. Paris, France.

Taliaferro, A., & Block, M.E. (2010, November). *Validation of an instrument to explore physical educators' beliefs toward inclusion. Application of Self-efficacy theory*. Presentation to the North American Federation on Adapted Physical Activity, Los Angeles, CA.

Block, M.E., Obrusnikova, I., Klavina, A., Goodwin, D., & Hutzler, S. (2009, June). *Future direction in research on inclusion in physical education*. Invited presentation to the International Symposium on Adapted Physical Activity. Gavle, Sweden.

Block, M.E. (November, 2008). *Does inclusion in physical education really work*? Keynote presentation at the Irish Adapted Physical Activity Conference, Kilarney, Ireland.

Block, M.E. (November, 2008). *Inclusion in physical education: Making it work*. Presentation at the Irish Adapted Physical Activity Conference, Kilarney, Ireland.

Jeong, M., & Block, M.E. (September, 2008). *Attitudes and intentions of physical educators in Korea toward including children with disabilities in general physical education*. Presentation at the North American Federation on Adapted Physical Activity Convention, Indianapolis, IN.

Block, M.E., Obrusnikova, I, & Grenier, M. (September, 2008) *Researching the phenomenon of inclusion in physical education: Future directions and recommendations*. Presentation at the North American Federation on Adapted Physical Activity Convention, Indianapolis, IN.

Obrusnikova, I., Block, M.E., & Dillon, S. (September, 2008). *Eliciting Children's Beliefs Toward Teacher-Directed Playing with Peers with Disabilities in Physical Education*. Presentation at the North American Federation on Adapted Physical Activity Convention, Indianapolis, IN.

Block, M.E., & Moran, T. (November, 2007). *Helping your child to be included in a regular community recreation program*. Presentation at the World Congress on Disability, Washington, DC.

Block, M.E., & Moran, T. (November, 2007). *Choosing a regular v. special sports program for your child with a disability*. Presentation at the World Congress on Disability, Washington, DC.

Jeong, M., & Block, M.E. (October, 2006). *Development of a TpB survey to measure attitudes and intentions of Korean Physical Educators towards students with disabilities*. Presentation at the North American Federation on Adapted Physical Activity Symposium. Ann Arbor, MI

Block, M.E. (2006, January). *Creating and implementing a Special Olympics Motor Activities Training Program*. Presentation for Special Olympics International in preparation for the 2007 World Summer Special Olympics, Shanghia, China.

Klavina, A., Block, M.E., Palla, A., Griebenauw, L., & Jeong, M. (2006, July). *Comparative analysis of adapted physical education services in five countries around the world*. Presentation at the International Federation of Adapted Physical Activity Symposium, Verona, Italy.

Obrusnikova, I., & Block, M.E. (2006, July). *Systematic analysis of research on inclusion of students with disabilities in general physical education*. Presentation at the International Federation of Adapted Physical Activity Symposium, Verona, Italy.

Block, M.E. (2005, May). *Why children with disabilities should have the opportunity to participate in general physical education*. Keynote presentation to the SESC Symposium of Adapted Physical Activities, Sao Carlos, Brazil.

Block, M.E. (2005, May). Practical strategies for including students with disabilities in *general physical education*. Presentation to the SESC Symposium of Adapted Physical Activities, Sao Carlos, Brazil.

Palla, A., & Block, M.E. (2004, October). *Multicultural issues in adapted physical education*. Presentation at the North American Federation on Adapted Physical Activity Symposium, Thunder Bay, Ontario, Canada.

Block, M.E., (2004, April). *The Good, bad, and ugly of inclusion in physical education*. Keynote Presentation at the Inclusion or Illusion: Inclusion through Work, Play and Learning Conference. Alberta, Canada.

Block, M.E. (2002, September). *Inclusion in team sports - modifications that work for everyone*. World Congress & Exposition on Disability, Orlando, FL.

Block, M.E., & Griebenauw, L. (2002, September). *Positive behavioral support in the gymnasium: An alternative to behavior management*. World Congress & Exposition on Disability, Orlando, FL.

Conatser, P., & Block, M.E. (2002, September). *Inclusion strategies for aquatic programs*. World Congress & Exposition on Disability, Orlando, FL.

Kelly, L., & Block, M.E. (2001, September). *Assessment: The key to successful inclusion*. World Congress & Exposition on Disability, Atlanta, GA.

Block, M.E. (2000, September). *On How to Favour the Participation of Students with Handicaps in Physical Education Classes*. Invited presentation at the International Congress on Handicaps: Free time and quality of life. Urbino, Italy.

Selected National Presentations (44 since 1988):

Block, M.E., Brink, C., & Nowland, L. (2022, July). *Including Social Justice in the Undergraduate APE Course*. National Consortium for Physical Education for Individuals with Disabilities (NCPEID) (virtual).

Block, M.E. (2021, September). *Examining Physical Activity for Individuals with Disabilities through a Social Justice Lens*. National Academy of Kinesiology Annual Conference (virtual)

Legg, D., …. Block, M.E. (2021, May). *Global examples of Inclusive Sport and Recreation*. Move United Conference (virtual).

Van der Mar, H., …. Block, M.E. (2021, March). *RQES Research Agenda White Papers: Continuous Professional Development for Researchers*. SHAPE America Annual Conference (virtual).

Block, M.E. (2018, November). *Status of Inclusion in Physical Education and Future Directions*. Keynote Presentation at the 47th National Adapted Physical Education Conference, San Diego, CA.

Nichols, C., Block, M.E., & Wilson, W. (2017, July). *Analysis of APE Graduate Programs in the US: Implications for National Standards*. Presentation at the National Consortium for Physical Education for Individuals with Disabilities (NCPEID), Arlington, VA.

McKay, C., Haegle, J.A., & Block, M.E. (2017, July). *Lessons Learned from Paralympic School Day: Reflections from the Students*. Presentation at the National Consortium for Physical Education for Individuals with Disabilities (NCPEID), Arlington, VA.

Nichols, C., Block, M.E., Bishop, J., & McIntire, B. (2017, July). *Caregiver perceptions of barriers and facilitators towards physical activity in young adults with autism spectrum disorder*. Presentation at the National Consortium for Physical Education for Individuals with Disabilities (NCPEID), Arlington, VA.

Kwon, E., & Block, M.E. (2014, April). *The Factors influencing the Shortage of Certified Adapted Physical Educator in the U.S*. Presentation at SHAPE America Conference. St. Louis, MO.

Kelly, L.E., & Block, M.E. (2011, July). *Feasibility of using remote video supervision in adapted physical education.* Presentation at the National Consortium on Physical Education and Recreation for Individuals with Disabilities. Reston, VA.

Block, M.E., Taliaferro, A., Harris, N., & Krause, J. (2009, July). *Use of self-efficacy theory to study confidence of general physical educators towards inclusion*. Presentation at the National Consortium on Physical Education and Recreation for Individuals with Disabilities. Reston, VA.

Jeong, M., & Block, M.E. (2009, April). *Perceived competence teaching students with disabilities: Theory of planned behavior*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, Tampa, FL

Block, M.E., Poretta, D., McCubbin, J., & Winnick, J. (2007, July). New trends in Masters Programs in Adapted Physical Education. Presentation at the National Consortium on Physical Education and Recreation for Individuals with Disabilities. Washington, D.C.

Palla, A, & Block, M.E. (2005, April). *Multicultural issues in adapted physical education*. Presentation atthe American Alliance of Health, Physical Education, Recreation, and Dance Convention, Chicago, IL.

Block, M.E., Lauer, J., & Jones, K. (2004, April). *Assessing children with severe disabilities*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, New Orleans, LA.

Davis, T., Davis, R., DiRocco, P., Block, M.E., French, R., & Winnick, J. (2004, April). Developing *leadership characteristics in adapted physical education*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, New Orleans, LA.

Driver, S., Block, M.E., & Whaley, D. (2004, April). *Motivational processes, physical activity, and people with disabilities*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, New Orleans, LA.

Obrusnikova, I., & Block, M.E. (2004, April). Social interactions and academic learning time-physical education in inclusive general physical education. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, New Orleans, LA.

Block, M.E. (2003, November). *Inclusion in physical education: The good, the bad, and the ugly*. Keynote presentation at the 32nd National Conference on Physical Activity for the Exceptional Individual. San Diego, CA.

Block, M.E. (2001, July). *Teaching motor skills and movement concepts to all children: From superstar to severely disabled*. Featured Speaker at the 2001 National Conference: Catch the Thrill of the Skill. Kansas City, MO.

Grenier, M., Yeaton, P., & Block, M.E. (2001, March). *Incorporating standards/assessment into physical education for students with disabilities*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, Cincinnati, OH.

Block, M.E., & Brady, W. (2000, March). *Don't forget the social aspects of inclusion*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, Boston, MA

Connor-Kuntz, F., Davis, R., Pyfer, J.L., Huettig, C.I., & Block, M.E. (1999, April). *Authentic assessment revisited: Traditional approaches and non-traditional interpretations*. Presentation at the American Alliance of Health, Physical Education, Recreation, and Dance Convention, Boston, MA.

PROFESSIONAL PUBLIC SERVICE

Professional Organizations-Leadership Roles:

International Federation of Adapted Physical Activity (IFAPA)
2019 – 2021 *Past President*
2015 – 2019 *President*
2013 – 2015 *President Elect*

Beijing Sport University
2010 - 2020 *Member – International Advisory Committee - China Research Center on Sports for People with Disabilities (CRCSPD), Beijing Sport University.*

Special Olympics International Washington, D.C.
1988-1999 Consultant: Motor Activities Training Program; Young Athlete Program

National Consortium on Physical Education and Recreation for Individuals with Disabilities
2010-2012 President
1994-96 Physical Education Representative to Executive Board

American Alliance for Health, Physical Education Recreation, and Dance
1999-2002 Chair: AAALF Standing Committee on Structure and By-laws
1996/97 Chair: Motor Development Academy
1994/95 Chair: Adapted Physical Activity Council
1992 - 2010 Reviewer for Research Consortium - Special Populations

The Association for Persons with Severe Handicaps
1993-1997 Member: Recreation and Leisure Committee
1994 Reviewer for TASH Conference - Recreation and Leisure Proposals

American Foundation for Autistic Children
1991-1996 Recreation consultant and member advisory board

Virginia Association for Health, Physical Education, Recreation, and Dance:
1985-86 Chair: Adapted Section
1984-85 Secretary: Adapted Section

6. EDITORIAL SERVICES

Palaestra – Editor (2011 to present) - Editorial Board (2009-2011); Field Editor (2005-2009); Guest Reviewer
Adapted Physical Activity Quarterly - Editorial Board (1995 - 2023)
Intellectual and Developmental Disabilities – Editorial Board (2003-present); Guest Reviewer 1996-2003)
Journal of Applied Sport Science – Editorial Board (2016 – present)

The International Scientific Journal Facta Universitatis, Series Physical Education and Sport – Editorial Board (2016 to present)
Teaching Elementary Physical Education - Editorial Board (1998 - 2007)
Brazilian International Journal of Adapted Physical Education Research - Guest Reviewer (1996)
Journal of the Association for Persons with Severe Handicaps - Guest Reviewer (2001)
Journal of Physical Education, Recreation, and Dance - Guest Reviewer (1994-present)
Perceptual and Motor Skills (Guest Reviewer (2004)
Therapeutic Recreation Journal - Guest Reviewer (1998 - present)

AWARDS AND HONORS

2019 Coordinator – International Symposium of Adapted Physical Activity (ISAPA), Charlottesville, VA
2019 National Consortium for Physical Education for Individuals with Disabilities (NCPEID) – William A. Hillman Distinguished Scholar Award.
2019 SHAPE America - Julian U. Stein Lifetime Achievement Award
2018 National Academy of Kinesiology – Inducted at Fellow (#573)
2012 Guilford College – Distinguished Alumni Award
2011 International Federation on Adapted Physical Activity – Inducted as Fellow.
2010 National Consortium of Physical Education and Recreation for Individuals with Disabilities (NCPEID) – G. Lawrence Research Award.
2009 Special Olympics Inc. Selected as one of 40 Exemplary Coaches in honor of the 40th Anniversary of the Creation of Special Olympics.
2007 North American Society (NAS) of Health, Physical Education, Recreation, Sport and Dance Professionals - Inducted as a Fellow
2004 Virginia Association of Health, Physical Education, Recreation, and Dance (VAHPERD – College Professor of the Year.

1996 National Consortium of Physical Education and Recreation for Individuals with Disabilities (NCPEID) - Hollis Fait Scholarly Contribution Award
1995 Southern District AAHPERD Taylor Dotson Young Professional Leadership Award
1995 Elected to Guilford College (Greensboro, NC) Sports Hall of Fame
1986 Virginia Special Olympics Coach of the Year
1986 Adapted Physical Education program at New Dominion School received "Demonstration School" status in Health and Physical Education from President's Council on Physical Fitness becoming first special education center in Virginia to receive that honor.
1985 American Heart Association, Prince William Co., VA, Silver Award (for developing first Jump Rope for Heart program for children with disabilities in Virginia)
1980 Senior Excellent Award – Guilford College, Greensboro, NC
1979 All-district in football, Guilford College, Greensboro, NC
1978 Nereus English Athletic Leadership Award – Guilford College, NC