# Julia V. Taylor, Ph.D.

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### **EDUCATION**

| Ph.D. | Education, 2016<br>Emphasis: Counselor Education and Supervision (CACREP accredited)<br>Virginia Commonwealth University, Richmond, VA |
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| M.A.  | Counseling, 2004<br>Emphasis: School Counseling (CACREP accredited)<br>Marymount University, Arlington, VA                             |
| B.S.  | Health, Fitness, and Recreation Resources, 2001<br>Emphasis: Exercise Science<br>George Mason University, Fairfax, VA                  |

### LICENSURE

North Carolina, Education: Endorsement, School Counselor Expiration, 06/30/2022 Virginia, Pupil Personnel Services: Endorsement, School Counselor Expiration, 06/30/2022

### PROFESSIONAL EXPERIENCE

Assistant Professor, Teaching Faculty, *August 2016 – present* University of Virginia, Charlottesville, VA School of Education and Human Development Human Services Department, Counselor Education Program

Graduate Research Assistant, *August 2013 – August 2016* Virginia Commonwealth University, Richmond, VA School of Education Counseling and Special Education Department, Counselor Education Program

Dean of Student Services, *November 2011 – May 2013* Wake County Public School System, Raleigh, NC Wake Young Women's Leadership Academy

Secondary School Counselor, *August 2005 – November 2011* Wake County Public School System, Raleigh, NC

Secondary School Counselor, August 2004 – August 2005 Loudoun County Public Schools, Ashburn, VA

### SCHOLARSHIP

#### **Dissertation**

**Taylor, J.V.** (2016). The experiences of school counselors who integrate yoga into a comprehensive school counseling program: A phenomenological approach. Virginia Commonwealth University, Richmond, VA.

### Referred Publications

- **Taylor, J.V.**, Gibson, D.M, & Conley, A.C. (2019). The experiences of school counselors who integrate yoga into a comprehensive school counseling program: A qualitative study. *Professional School Counseling Journal*.
- Goodman-Scott, E., Taylor, J.V., Kalkbrenner, M., Darsie, J., Barbosa, R., Walsh, K., & Worth, A. (2019). A multivariate analysis of variance investigation of schoollevel RAMP status across two states. *Counseling Outcome Research and Evaluation*, 11(1), 31-44.
- Taylor, J.V., & Gibson, D. M. (2016). Crisis on campus: Eating disorder intervention from a developmental-ecological perspective. *Journal of American College Health*, 64(3), 251-255.

#### Manuscripts Under Review

- **Taylor, J.V.** & Goodman-Scott, E., Walsh, R. (under review). *Applying for RAMP using a cohort model: Overcoming challenges.* Professional School Counseling.
- Goodman-Scott, E. & **Taylor, J.V.**, Walsh, R. (under review). *Applying for RAMP using a cohort model: Results from a multi-level case study*. Professional School Counseling.

#### Manuscripts in Progress

- Lyons, M., **Taylor, J.V**., Zeanah, K.L., & Downey, S.K. (under review). Supporting school mental health providers' knowledge of evidence-based practice: Evidence from a short-term telementoring mode.
- **Taylor, J.V.,** Goodman-Scott, E., Grimes, T., Dockery, D., & Lyons, M. (in preparation). *Improving student outcomes through data-driven practices among school counselors.*

### Grant Activity

### <u>Funded</u>

United States Department of Education (2020-2025): Virginia school mental health providers recruitment and retention: Creating capacity for change and continued professional growth. Role: Co-Principal Investigator with Michael Lyons Award: 250,000

United States Department of Education (2019-2024): Virginia statewide partnership for school mental health professional development. Role: Co-Principal Investigator with Michael Lyons. Award: 2,058,674

**4-VA (2019-2020):** *Improving student outcomes through data-driven practices among school counselors.* Role: Principal Investigator Award: 30,000

American School Counselor Association (2018-2019): The processes and procedures of RAMP cohort preparation across stakeholders: Results of a case study. Role: Co-Principal Investigator with Emily Goodman-Scott Award: 10,000

### Not Funded

**Spencer Foundation:** Supporting student mental health: Using a statewide research practice partnership to support the delivery of evidence-based school mental health practices. Role: Co-Principal Investigator with Michael Lyons Award request: 400,000

American School Counselor Association: A comparative study between RAMP and non RAMP schools regarding school-level outcome data. Role: Co-Principal Investigator with Emily Goodman-Scott Award request: 10,000

### Book Chapters

Taylor, J.V., & Burgess, M. (2019). Using data to demonstrate how school counselors make a difference. In E. Goodman-Scott, J. Betters-Bubon, & P. Donohue (Eds.). *The school counselor's guide to multi-tiered systems of support*. Routledge/Taylor & Francis.

- Taylor, J.V. (2018). A school counselor's guide to small groups: Coordination, leadership, & assessment. Contributing author. In S. Springer, L. Moss, N. Manavizadeh, & A. Pugliese. (Eds.). Alexandria, VA: Association for Specialists in Group Work.
- Gibson, D.M., & Taylor, J.V. (2016). Using the genogram as career assessment and intervention with economically disadvantaged clients. In L.A. Busacca & M. Rehfuss (Eds.), *Postmodern career counseling: A handbook of culture, contexts, and cases*. Alexandria, VA: American Counseling Association.
- Nassar-McMillan, S. C., Taylor, J., & Conley, A. H. (2016). Promising career and workforce development practices in middle and high school settings [p1]. In V. S. Solberg & S. R. Ali (Eds.). *The handbook of career and workforce development practice and policy*. Routledge/Taylor & Francis.
- Nassar-McMillan, S. C., Akcan Aydin, P., & Taylor, J. (2015). Effective career development policy and practice: Implications for a global workforce. In F. Korkut-Owen & D. W. Owen (Eds.). *Gelisen ssikolojik danisma ve rehberlik:* Mesleklesme sürecinde ilerlemeler [Developing Counseling and Guidance: Progress in Professionalism] (3<sup>rd</sup> ed.). Ankara, Turkey: Nobel Yayinevi.
- Taylor, J.V. (2005). Helping high school seniors transition to the non-academic life of college: Putting theory into practice. In R. Chapman (Ed.). When they drink: Practitioner views and lessons learned on preventing high-risk collegiate drinking. (pp. 241-255). Philadelphia, PA: LaSalle University.

#### **Books**

- **Taylor, J.V.** (2014). *The body image workbook for teens*. Oakland, CA: New Harbinger Publications.
- Lohmann, R.C. & **Taylor**, **J.V.** (2013). *The bullying workbook for teens*. Oakland, CA: New Harbinger Publications.
- Taylor, J.V. (2009). Perfectly you. Chattanooga, TN: National Center for Youth Issues.
- **Taylor, J.V.** & Trice-Black, S. (2007). *Girls in real life situations (G.I.R.L.S.):* Secondary group counseling activities to enhance social and emotional development. Champaign, Ill: Research Press.
- Trice-Black, S. & **Taylor, J.V.** (2007). *Girls in real life situations (G.I.R.L.S.): Elementary group counseling activities to enhance social and emotional development.* Champaign, Ill: Research Press.
- **Taylor, J.V.** (2005). Salvaging sisterhood: A group counseling curriculum for relationally aggressive girls. Chapin, SC: Youthlight, Inc.

### Other Publications

- **Taylor, J.V.,** & Goodman-Scott, E. (2019, November). School counselors are key to creating a safe place for students: They need more support to make this happen [Letter to the editor]. *The 74*.
- **Taylor, J.V.** (2019, September). Ten steps to integrate yoga into your comprehensive school counseling program. *American School Counselor Association e-Newsletter*.
- Myers, C., Sanzo, K., & Taylor, J.V. (2019, January). Leading for young adolescent development: Prioritizing what we know matters (Working Paper No. 4). *Remaking Middle School Series, University of Virginia School of Education & Human Development.*
- **Taylor, J.V.** (2014, November/December). Connecting students to careers. *American School Counselor Magazine.* 52, D2-D4.
- Taylor, J.V., & Wooten, G.M. (2012, January/February). Building bridges with social media. American School Counselor Magazine, 49, 16-17.
- **Taylor, J.V.** (2007, September/October). Happy & healthy: Helping overweight students achieve personal and academic success. *American School Counselor Magazine*, 45, 54-57.
- **Taylor, J.V.** (2006, January/February). Equal opportunity disorders: How to recognize eating disorders in a weight obsessed society. *American School Counselor Magazine, 43,* 38-41.
- **Taylor, J.V.** (2004, November/December). Middle grade madness: Debunking the myth of the queen bee. *American School Counselor Magazine, 42,* 24-26.
- **Taylor, J.V.**, & Davis, T.E. (2004, March/April). Shoot for the moon, reach for the stars: Promoting parental involvement to increase student achievement. *American School Counselor Magazine*, *41*, 31-35.

### TEACHING

#### Instructor of Record

University of Virginia

- EDHS 6040: School-Based Mental Health, Multidisciplinary Teaming, *Spring* 2021
- EDHS 6030: School-Based Mental Health, Cognitive-Behavioral Therapy, *Spring* 2021
- EDHS 6020: School-Based Mental Health, Multi-Tiered Systems of Support, *Fall* 2020

- EDHS 7230: Theories and Techniques of Counseling, *Fall 2020, Fall 2019, Fall 2018, Fall 2017*
- EDHS 7230: Group Counseling Procedures, Spring 2021, Spring 2020, Spring 2019
- EDHS 8982: School Counseling Practicum, Spring 2019, Spring 2018, Spring 2017

Virginia Commonwealth University

- CLED 613: Data-Driven Comprehensive School Counseling Programs, *Spring* 2016, *Fall* 2015
- CLED 604: School Counseling Practicum, Spring 2015
- EDUS 651: Introduction to Technology for School Counselors, Virginia Commonwealth University, *Fall 2014, Fall 2013*

George Mason University

• Health 220: Dimensions of Mental Health, Spring 2004, Fall 2003

### Co-Instructor

- EDUS 651: Wellness Counseling, Virginia Commonwealth University, July 2014 August 2014 (Co-Instructor)
- Health 301, Health and Wellness Choices, George Mason University, *January 2001–May 2001* (Teaching Assistant)

# **CLINICAL SUPERVISION**

- School Counseling Internship Supervisor, University of Virginia, Spring 2021, Fall 2020, Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018, Fall 2017, Spring 2017, Fall 2016
- School Counseling Practicum Supervisor, University of Virginia, *Spring 2019, Spring 2018, Spring 2017*
- School Counseling Practicum Supervisor, Virginia Commonwealth University, *Spring 2014*
- Group Counseling Supervisor, Virginia Commonwealth University, Fall 2014
- Counseling Techniques Supervisor, Virginia Commonwealth University, Spring 2014

# DOCTORAL DISSERTATION COMMITTEES

Member, committee for Matthew Scott Richardson (Ph.D., Administration and Supervision)

Proposal defense, March 2020; Dissertation defense, November 2020. Title: *The development of an effective educational leadership framework for student social, emotional, and mental health* 

### SERVICE

<u>University of Virginia</u>
Co-Director, Virginia Partnership for School Mental Health, 2019-present
Member, Curriculum and Program Review committee, 2020-present
Member, Cultural Competence committee, 2019-present
Mentor, UVA Equity Center, Community Fellows Program Mentor, 2019-present
Faculty Affiliate, Youth-Nex: The UVA Center to Promote Effective Youth
Development, 2016-present
Member, Reimagining Middle School Initiative, 2018-present
Lead facilitator, UVA/Virginia Department of Education (VDOE) statewide
"AdVAntage" program, 2017-2019
Member, The Young Women Leadership Program research team, 2017-2019

Virginia School Counselor Association Chair, Board of Directors, 2020-present Assistant Chair, Board of Directors, 2018-2019 Board of Directors, 2018-2019 Counselor Educator, Vice-President Elect, 2017-2018 Professional Development Chair, 2004-2005 Annual Conference Planning committee, 2005

Virginia Department of Education

Statewide School Counseling Model committee, 2020-present School Counseling Standards Revision committee, 2017-2019 Lead facilitator of statewide "AdVAntage" program, 2017-2019

<u>Professional School Counseling</u> Reviewer, 2017 – present

<u>Evidence-Based School Counseling Conference</u> Chair of Advertising/Marketing Committee, 2018-present Advisory Council, 2016-present Program Reviewer, 2016-present

<u>Chi Sigma Iota, Rho Beta Chapter</u> Faculty Co-Advisor, 2016-2017

Virginia Commonwealth University

School Counseling Division Leadership Team, May 2014 – August 2016 Lead Facilitator, VCU/School Division RAMP Cohort, August 2014 – May 2016 Mentor, First Year Counselor Education and Supervision Doctoral Students, August 2014 – July 2016 Selection Committee, Charles P. Ruch Award for Excellence in Teaching, August 2013 –

September 2015 University 101 Classroom Presenter for the Wellness Center, Intimate Partner Violence, Sexual Assault, Stalking, and Bystander Awareness, September 2013 – December 2015 5/21

Southern Association for Counselor Education and Supervision SACES Interest Network Technology Chair, 2014-2016

<u>Chi Sigma Iota, Omega Lambda Iota Chapter</u> President, 2014-2015 Leadership Team, 2013-2014

North Carolina School Counselor Association Technology Co-Chair, 2011-2013 Public Relations Committee, 2009-2011 Middle School Vice President, 2007-2009 Public Relations Chair, 2005-2007

<u>Wake County Public School System</u> Bullying Prevention Committee, 2012-2013 Superintendent's Behavioral Advisory Committee, 2011-2013 Technology Professional Learning Committee Co-Chair, 2010-2011 National College Fair Committee, 2010 Middle School Transition Committee, 2006-2007

American School Counselor Association Professional Interest Network Bullying Specialist, 2004-2012 Blogger, 2008-2011 Intern, 2003-2004

Chi Sigma Iota, Mu Upsilon Gamma Chapter President, 2003-2004 Treasurer, 2002-2003

### HONORS AND AWARDS

2016 Virginia Commonwealth University School of Education, Commencement Speaker 2015 SACES Outstanding Graduate Student, Doctoral Level Award 2014 Chi Sigma Iota, Omega Lambda Iota Chapter, Outstanding Leadership Award 2010 ASCA School Counselor of the Year, Semifinalist

### **PROFESSIONAL PRESENTATIONS**

### Keynote Addresses

- **Taylor, J.V.** (2021, April). *Mental health literacy: Raising awareness to provoke change*. Keynote address for the Massachusetts School Counselor Association annual conference. Virtual.
- **Taylor, J.V.** (2021, February). *Mental health literacy: Raising awareness to provoke change.* Keynote address for the Nevada School Counselor Association annual conference. Virtual.

- **Taylor, J.V.** (2020, September). *Mental health literacy: Raising awareness to provoke change*. Keynote address for the Kentucky School Counselor Association annual conference. Virtual.
- **Taylor, J.V.** (2019, April). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address at the Montana School Counselor Association annual conference, Billings, MT.
- **Taylor, J.V.** (2019, April). *Self-harm, suicide, and social media: Helping students ask for help.* Keynote address at the Montana School Counselor Association annual conference, Billings, MT.
- **Taylor, J.V.** (2019, March). *Mental health literacy: Raising awareness to provoke change*. Keynote address at the VDOE/VDOJ Safe and Supportive Schools conference, Williamsburg, VA.
- **Taylor, J.V.** (2018, August). *Self-harm, suicide, and social media: Helping students ask for help.* Keynote address at the Virginia Mental Health in Schools conference, Richmond, VA.
- **Taylor, J.V.** (2017, November). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address at the Maine School Counselor Association annual conference, Freeport, MN.
- Taylor, J.V. (2017, May). Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image. Keynote address at the South Dakota Counselor Association annual conference, Sioux Falls, SD.
- **Taylor, J.V.** (2016, October). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address at the New Jersey School Counselor Association annual conference, Lawrence Township, NJ.
- **Taylor, J.V.** (2016, October). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address at the Idaho School Counselor Association annual conference, Boise, ID.
- **Taylor, J.V.** (2016, February). *What you see isn't what you get: Eating disorders, body image, and media literacy.* Keynote address at the University of Richmond Eating Disorder Awareness Week Kickoff, Richmond, VA.
- **Taylor, J.V.** (2016, February). *Connecting the dots: How school counseling leadership, advocacy, and excellence impact change.* Keynote address at the University of Virginia Chi Sigma Iota Initiation Ceremony, Charlottesville, VA.

- **Taylor, J.V.** (2015, March). *Beyond body image: Media literacy, leadership, and social advocacy.* Keynote address at the Hammond School, Columbia, SC.
- **Taylor, J.V.** (2015, February). *Don't blame Barbie: Helping girls develop a healthy body image in an image obsessed world.* Keynote address at the Kentucky School Counselor Association annual conference, Lexington, KY.
- **Taylor, J.V.** (2015, February). *Beyond body image: Media literacy, leadership, and activism.* Keynote address at the Divine Savior Holy Angels High School. Milwaukee, WI.
- **Taylor, J.V.** (2014, March). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address at the Arizona School Counselor Association annual conference, Fort McDowell, AZ.
- **Taylor, J.V.** (2014, January). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Keynote address for the Girls Summit at St. Andrew's School, Jackson, MS.
- **Taylor, J.V.** (2013, November). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthybody image.* Keynote address at the Iowa School Counselor Association annual conference, Des Moines, IA.
- **Taylor, J.V.** (2012, November). *Beyond body image: Media literacy, advocacy and activism.* Keynote address at the Missouri School Counselor Association annual conference, Osage Beach, MO.
- **Taylor, J.V.** (2012, October). *Talk back*. Keynote address for the Miss Representation Documentary Screening at North Carolina State University, Raleigh, NC.
- **Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism.* Keynote address at the Virginia Commonwealth University annual John Cook Lecture, Richmond, VA.
- **Taylor, J.V.** (2011, November). *Beyond body image: Media literacy, advocacy & activism*. Keynote address at the Kansas School Counselor Association annual conference, Emporia, KS.
- **Taylor, J.V.** (2011, April). *Made up & branded*. Keynote address at the National Association of Junior Auxiliaries annual conference, Memphis, TN.
- **Taylor, J.V.** (2011, March). *Perfectly you: Helping students develop a healthy body image*. Keynote address at Lee University, Chattanooga, TN.
- **Taylor, J.V.** (2010, September). *Growing up girl in today's crazy world*. Keynote address for the Community Foundation of the Rappahannock River Region Women in Leadership Conference Series, Fredericksburg, VA.

- **Taylor, J.V.** (2010, June). *Salvaging sisterhood*. Keynote address for Volusia County Public Schools Summer Institute, Daytona Beach, FL.
- **Taylor, J.V.** (2010, March). *Growing up girl in today's crazy world*. Keynote address for the Arizona School Counselor Association annual conference, Phoenix, AZ.
- **Taylor, J.V.** (2009, March). *Salvaging sisterhood*. Keynote address for the Bully Free Virginia conference, Richmond, VA.
- **Taylor, J.V.** (2009, March). *Made up & branded: Body image, the media, and its effects on youth.* Keynote address for the Kentucky School Counselor Association annual conference, Lexington, KY.
- **Taylor, J.V.** (2008, October). *Growing up girl in today's crazy world*. Keynote address for the Florida School Counselor Association annual conference, Orlando, FL.
- **Taylor, J.V.** (2006, November). *Sugar & spice? School counselors, think twice!* Keynote address at the North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.** (2006, October). *Sugar & spice? Parents, think twice!* Keynote address for Arlington County Public Schools School Counselor Kickoff, Arlington, VA.

#### Invited Workshops

- **Taylor, J.V.** (2020, August). *Enhancing School-Based Group Counseling*. Full-day workshop for Culpeper County Public Schools. Culpeper, VA.
- **Taylor, J.V.** (2019, October). *Self-harm, suicide, and social media: Helping students ask for help.* Half-day workshop for the Indiana School Counselor Association annual conference. Indianapolis, IN.
- **Taylor, J.V.** (2019, October). *Self-harm, suicide, and social media: Helping students ask for help.* Half-day workshop for the Georgia School Counselor Association annual conference. Augusta, GA.
- **Taylor, J.V.** (2019, October). *Self-harm, suicide, and social media: Helping students ask for help.* Half-day workshop for Fulton County Public Schools. Atlanta, GA.
- **Taylor, J.V.** (2019, October). *Mental health literacy: Raising awareness to provoke change*. Full-day workshop for Knox County Public Schools. Knoxville, TN.
- **Taylor, J.V.** (2019, August). *Mental health literacy: Raising awareness to provoke change*. Half-day workshop for school counseling graduate students at Virginia Tech. Roanoke, VA.

- **Taylor, J.V.** (2019, February). *Self-harm, suicide, and social media: Helping students ask for help.* Half-day workshop for the North Dakota School Counselor Association annual conference. Bismarck, ND.
- **Taylor, J.V.** (2019, February). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Half-day workshop for the North Dakota School Counselor Association annual conference. Bismarck, ND.
- **Taylor, J.V.** (2018, December). School counseling techniques to help girls disrupt relational aggression. Half-day workshop for the Illinois School Counselor Association. Chicago, Ill.
- **Taylor, J.V.** (2018, December). Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image. Half-day workshop for the Illinois School Counselor Association. Chicago, Ill.
- Wharff, J. & Taylor, J.V. (2018, October). School counseling leadership summit. Preconference leadership training at the Virginia School Counselor Association conference, Hampton, VA.
- **Taylor, J.V.** (2018, August). *An introduction to trauma-informed schools*. Preconference featured speaker at the Tennessee School Counselor and Administrator Institute, Murfreesboro, TN.
- **Taylor, J.V.** (2018, August). *An introduction to trauma-informed schools*. Professional development workshop for Orange County Public Schools Teachers, Orange, VA.
- **Taylor, J.V.** (2018, April). *An introduction to trauma-informed schools*. Professional development workshop for Orange County Public Schools Administrators, Orange, VA.
- **Taylor, J.V.** (2018, March). *An introduction to trauma-informed school counseling.* Professional development workshop for Orange County Public Schools Student Services, Orange, VA.
- Wharff, J. & Taylor, J.V. (2017, October). School counseling leadership summit. Preconference leadership training at the Virginia School Counselor Association annual conference, Hampton, VA.
- **Taylor, J.V.** (2017, October). An introduction to trauma-informed counseling for youth. Half-day workshop at the Virginia School Counselor Association annual conference, Hampton, VA.
- **Taylor, J.V.** (2017, September). *Self-harm, suicide, and social media: Helping students ask for help.* Half-day workshop for Baldwin County Public Schools, Mobile, AL.

- **Taylor, J.V.** (2017, August). *Counseling techniques to help adolescent girls manage relational aggression*. Half-day workshop for Charlottesville City Public Schools. Charlottesville, VA.
- **Taylor, J.V.** (2017, May). *An introduction to trauma-informed counseling for youth.* Half-day workshop at the South Dakota Counselor Association annual conference, Sioux Falls, SD.
- **Taylor, J.V.** (2017, May). *Counseling techniques to help adolescent girls manage relational aggression*. Half-day workshop at the South Dakota Counselor Association annual conference, Sioux Falls, SD.
- **Taylor, J.V.** (2015, September). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Full-day workshop at San Diego State University. San Diego, CA.
- **Taylor, J.V.** (2015, April). *Technology tools for a comprehensive school counseling program.* Three-session workshop series for Jefferson County Public Schools, Louisville, KY.
- **Taylor, J.V.** (2014, February). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Half-day workshop at the Mississippi School Counselor Association Winter Institute, Starkville, MS.
- **Taylor, J.V.** (2014, February). *Technology tools for a comprehensive school counseling program*. Half-day workshop at the Mississippi School Counselor Association Winter Institute, Starkville, MS.
- **Taylor, J.V.** & Thrasher J. (2013, July). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Half-day workshop at the Virginia School Counselor Association Summer Academy, Charlottesville, VA.
- **Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism.* Half-day workshop at the Virginia School Counselor Association annual conference, Newport News, VA.
- **Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism.* Half-day workshop for the North Carolina School Counselor Association Drive-In Events, Morrisville, NC.
- **Taylor, J.V.** & Burston, A.J. (2011, August). *Technology tools for a comprehensive school counseling program*. Six-session workshop series for Wake County Public Schools, Cary, NC.
- **Taylor, J.V.** (2009, May). *Growing up girl in today's crazy world*. Full-day workshop for the South Dakota School Counselor Association Spring conference, Sioux Falls, SD.

- **Taylor, J.V.** (2009, January). *Growing up girl in today's crazy world*. Full-day workshop for Wake County Public Schools District Wide Professional Development, Raleigh, NC.
- **Taylor, J.V.** (2008, August). *Growing up girl in today's crazy world*. Full-day workshop for Wilson County Public Schools, Wilson, NC.
- **Taylor, J.V.** (2008, June). *Growing up girl in today's crazy world*. Half-day workshop for the American School Counselor Association annual conference, Atlanta, GA.
- **Taylor, J.V.** (2008, June). *Salvaging sisterhood*. Half-day workshop for the National Conference on Mean Girls & Relational Aggression, Orlando, FL.
- **Taylor, J.V.** (2007, November). *Growing up girl in today's crazy world*. Full-day workshop for Eastern Area Mental Health Services Fall conference, Greenville, NC.
- **Taylor, J.V.** (2007, July). *Sugar & spice? Educators, think twice*. Half-day workshop for Gloucester County Public Schools Staff Development, Gloucester, VA.
- **Taylor, J.V.** (2006, March). *Mean girls: Strategies and resources in identifying and helping relationally aggressive girls and empowering their victims.* Full-day workshop for Developmental Resources, Richmond, VA.
- **Taylor, J.V.** (2006, March). *Mean girls: Strategies and resources in identifying and helping relationally aggressive girls and empowering their victims.* Full-day workshop for Developmental Resources, Durham, NC.
- Wiseman, R. & **Taylor, J.V.** (2004, March). *Chicks and cliques: A three-part series to promote awareness to provoke change.* Three-session workshop series at Spring Hill Elementary School, Great Falls, VA.

### Invited Presentations

- **Taylor, J.V.** (2021, April). Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image. Massachusetts School Counselor Association annual conference. Virtual.
- **Taylor, J.V.** (2021, February). *Counseling techniques to disrupt relational aggression in adolescent girls*. Fayette County Public Schools. Virtual.
- **Taylor, J.V.** (2020, August). Assessing and addressing student need. Virginia Department of Education Mental Health in Schools Conference. Virtual.
- **Taylor, J.V.** (2020, August). *Virtual suggestions for large group counseling*. Virginia Department of Education Mental Health in Schools Conference. Virtual.

- **Taylor, J.V.** (2019, October). *Disrupting relational aggression in adolescent girls*. Georgia School Counselor Association annual Conference, Augusta, GA.
- **Taylor, J.V.** (2019, January). *Classroom techniques to help girls disrupt relational aggression*. Peabody School, Charlottesville, VA.
- **Taylor, J.V.** (2018, September). *Self-harm, suicide, and social media: Helping students ask for help.* Tennessee School Counselor and Administrator Institute. Murfreesboro, TN.
- **Taylor, J.V.** (2018, August). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image.* Virginia Mental Health in Schools conference, Richmond, VA.
- **Taylor, J.V.** (2017, October). *Beyond the basics: Empowering youth to resist societal pressures, fight unrealistic media pressures, and develop a healthy body image.* Clinton Township Middle School, Clinton, NJ.
- **Taylor, J.V.** (2017, October). *Beyond the basics: Empowering youth to resist societal pressures, fight unrealistic media pressures, and develop a healthy body image.* Clinton Township Middle School, Clinton, NJ.
- **Taylor, J.V.** (2017, October). Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image. Virginia School Counselor Association annual conference, Hampton, VA.
- **Taylor, J.V.** (2017, January). *Student notes and time tracking: Updates and pitfalls.* Albemarle County Public Schools, Charlottesville, VA.
- **Taylor, J.V.** (2016, November). *Recognizing and responding to trauma: An introduction for school counselors.* University of Virginia School Counseling Summit, Charlottesville, VA.
- **Taylor, J.V.** (2016, October). *Recognizing and responding to trauma: An introduction for school counselors.* New Jersey School Counselor Association annual conference. Lawrence Township, NJ.
- **Taylor, J.V.** (2016, October). *Self-harm, suicide, and social media: Helping students ask for help.* Idaho School Counselor Association annual conference. Boise, ID.
- Conley, A, Sander, M, & Taylor, J.V. (2016, April). Recognizing and responding to trauma: Training for elementary school counselors. Henrico County Public Schools, Richmond, VA.
- **Taylor, J.V.** (2016, March). *Perfectly you: Helping students develop a healthy body image*. National Center for Youth Issues Healthy Kids Summit, Cleveland, TN.
- **Taylor, J.V.** (2016, January). *Perfectly you: Helping students develop a healthy body image*. Virginia Beach Public Schools, Virginia Beach, VA.

- **Taylor, J.V.** (2015, November). *Root cause analysis, locus of control, and the ASCA National Model.* Richmond City Public Schools, K-12 School Counselor Professional Development, Richmond, VA.
- **Taylor, J.V.** (2015, November). *Perfectly you: Helping students develop a healthy body image*. National Center for Youth Issues Healthy Kids Summit, Chattanooga, TN.
- **Taylor, J.V.** (2015, September). *Data literacy for school counselors*. Henrico County Public Schools Elementary School Counselor Retreat, Richmond, VA.
- **Taylor, J.V.** (2015, August). *Data literacy for school counselors*. Henrico County Public Schools High School Counselor Retreat, Richmond, VA.
- **Taylor, J.V.** (2015, July). *Data literacy for school counselors*. Henrico County Public Schools Middle School Counselor Retreat, Richmond, VA.
- **Taylor, J.V.** (2015, June). *Data literacy for school counselors*. Chesterfield County Public Schools Middle and High School Counselor Retreat, Richmond, VA.
- **Taylor, J.V.** (2015, June). *Perfectly you: Helping students develop a healthy body image.* Virginia Beach Public Schools, Virginia Beach, VA.
- **Taylor, J.V.** (2015, January). *Technology tools for a comprehensive school counseling program.* Hanover County Public Schools, Ashland, VA.
- **Taylor, J.V.** & Dockery, D. (2014, November). *Smart supervision: What school counselors need to know.* Hanover County Public Schools, Ashland, VA.
- **Taylor, J.V.** (2014, November). *Technology tools for a comprehensive school counseling program.* Chesterfield County Public Schools, Richmond, VA.
- Taylor, J.V. & Dockery, D. (2014, November). Smart supervision: What school counselors need to know. Chesterfield County Public Schools, Chesterfield, VA.
- **Taylor, J.V.** (2014, October). *Technology tools for a comprehensive school counseling program*. Henrico County Public Schools, Glen Allen, VA.
- **Taylor, J.V.** & Dockery, D. (2014, October). *Smart supervision: What school counselors need to know.* Henrico County Public Schools, Glen Allen, VA.
- **Taylor, J.V.** (2014, March). *Technology smackdown*. Arizona School Counselor Association annual conference, Fort McDowell, AZ.
- **Taylor, J.V.** (2014, March). *Keynote Q&A*. Arizona School Counselor Association annual conference, Fort McDowell, AZ.
- **Taylor, J.V.** & Burston, A. (2014, March). *Technology smackdown*. Kentucky School Counselor Association annual conference, Lexington, KY.

- **Taylor, J.V.** (2014, January). *Talk early, talk often*. The Century Council Talk Early Summit, Arlington, VA.
- **Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures.* Columbus High School, Columbus, MS.
- **Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures.* Columbus Middle School, Columbus, MS.
- **Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures.* Girls' Summit at St. Andrew's School, Jackson, MS.
- **Taylor, J.V.** (2014, January). *Beating the body image blues*. Girls' Summit at St. Andrew's School, Jackson, MS.
- **Taylor, J.V.** (2013, October). *Perfectly you: Helping students develop a healthy body image*. Baldwin County Public Schools, Mobile, AL.
- **Taylor, J.V.** (2013, March). *Beyond body image: Media literacy, advocacy and activism.* Tennessee School Counselors and Administrators Leadership conference, Murfreesboro, TN.
- **Taylor, J.V.** (2013, February). *Girls' leadership development and resources*. School Counseling on Air Webinar Series.
- **Taylor, J.V.** (2013, February). *Beyond bullying: Media literacy, advocacy, and social Change*. Saint Andrew's School, Boca Raton, FL.
- **Taylor, J.V.** (2013, February). *Women in leadership*. North Carolina State University, Raleigh, NC.
- **Taylor, J.V.** (2012, May). *Beyond body image: Media literacy, advocacy and activism.* Bishop O'Connell High School, Arlington, VA.
- **Taylor, J.V.** (2012, March). *Tech savvy school counselors*. Virginia School Counselor Association annual conference, Newport News, VA.
- **Taylor, J.V.** (2012, March). *Empowering, motivating & inspiring girls through group work.* American School Counselor Association, Online Webinar.
- **Taylor, J.V.** (2012, February). *Female bullying: Solutions for response & prevention*. Progressive Business Audio Conferences, Online Webinar.
- **Taylor, J.V.** (2012, February). *Tech savvy school counselors: Using technology to enhance your school counseling program.* Gaston County Public Schools Counselor Workshop, Skype presentation.

Taylor, J.V. (2010, October). Media literacy 101. Lady of Lourdes School, Raleigh, NC.

- **Taylor, J.V.** (2010, June). *Body image & self-esteem: Do's & don't for helping your students.* Progressive Business Audio Conferences, Online Webinar.
- **Taylor, J.V.** (2010, May). *Beating the body image blues*. Triangle YMCA Youth Leadership conference, Wake Forest, NC.
- **Taylor, J.V.** (2010, April). *Salvaging sisterhood*. National Association of Junior Auxiliaries Annual conference, Mobile, AL.
- **Taylor, J.V.** (2010, April). *Redefining beautiful*. Pi Beta Phi Sorority, University of North Carolina, Chapel Hill, NC.
- Taylor, J.V. (2010, March). Salvaging sisterhood. St. Michael's School, Cary, NC.
- **Taylor, J.V.** (2009, September). *Salvaging sisterhood*. Windermere Preparatory School, Orlando, FL.
- **Taylor, J.V.** (2009, August). *Perfectly you: Helping students develop a healthy body image*. National Center for Youth Issues Healthy Kids Summit, Chattanooga, TN.
- Taylor, J.V. (2009, April). Salvaging sisterhood. Carnage Middle School, Raleigh, NC.
- **Taylor, J.V.** (2009, February). *Salvaging sisterhood*. Student Assistance Professionals Association Annual conference, Atlanta, GA.
- **Taylor, J.V.** (2009, February). *Salvaging sisterhood*. Huntsville Public Schools, Huntsville, AL.
- Taylor, J.V. (2008, October). Salvaging sisterhood. Ravenscroft School, Raleigh, NC.
- **Taylor, J.V.** (2008, September). *Beating the body image blues*. Healthy Choices for Youth National conference, Nashville, TN.
- **Taylor, J.V.** (2008, April). *Salvaging sisterhood*. The Benjamin School, North Palm Beach, FL.
- **Taylor, J.V.** (2008, February). *Salvaging sisterhood*. St. Raphael's Catholic School, Raleigh, NC.
- **Taylor, J.V.** (2007, June). *Beating the body image blues*. Midwest Healthy Choices for Youth conference, Indianapolis, IN.
- **Taylor, J.V.** (2007, May). *Sugar & spice? Parents, think twice!* St. Michael's Catholic School, Cary, NC.
- **Taylor, J.V.** (2003, March). *Keeping it real: Teenage violence prevention*. Future Professional Middle School Girls' conference, Falls Church, VA.

### Referred National Conference Presentations

- Taylor, J.V., Wharff, J., Rutledge, M., Goodman-Scott, E., Grimes, T., Jamison, R., Parker, E., & Dockery, D. (2021, March). Strengthening comprehensive school counseling programs: A collaborative statewide effort. National Evidence-Based School Counseling conference. Virtual.
- **Taylor, J.V.** (2019, June). *Mental health literacy: Raising awareness to provoke change.* American School Counselor Association Annual Conference, Boston, MA.
- **Taylor, J.V.** (2019, June). *Disrupting relational aggression in adolescent girls.* American School Counselor Association Annual Conference, Boston, MA.
- **Taylor, J.V.** & Wharff, J. (2019, March). *Teaching RAMP to the masses: A collaborative statewide effort.* National Evidence-Based School Counseling conference, Columbus, OH.
- **Taylor, J.V.** (2018, March). Using root cause analysis to disaggregate data and make SMART goals smarter. National Evidence-Based School Counseling conference, New York, NY.
- **Taylor, J.V.** & Wharff, J. (2018, March). *Teaching RAMP to the masses: A collaborative statewide effort*. National Evidence-Based School Counseling Conference, New York, NY.
- **Taylor, J.V.** & O'Malley, E. (2017, July). *Self-harm, suicide, and social media: Helping students ask for help.* American School Counselor Association annual conference, Denver, CO.
- **Taylor, J.V.** & Dockery, D.J. (2017, March). *Teaching graduate students RAMP: A comprehensive, collaborative, and theoretical approach.* National Evidence-Based School Counseling Conference. San Diego, CA.
- **Taylor, J.V.** & Dockery, D.J. (2016, February). *Building a collaborative counselor educator/district school counseling supervisor ASCA Model Program (RAMP) cohort.* Innovations in School Counselor Education Conference, Athens, GA.
- **Taylor, J.V.** & Dockery, D.J. (2015, October). *Building a collaborative counselor educator/district school counseling supervisor leadership team.* Counselor Educators and Supervisors annual conference, Philadelphia, PA.
- **Taylor, J.V.** (2015, June). *Promoting parental involvement*. American School Counselor Association annual conference, Phoenix, AZ.
- **Taylor, J.V.** (2014, June). *Help girls unlock their leadership potential*. American School Counselor Association annual conference, Orlando, FL.
- **Taylor, J.V.** (2013, July). *Help girls unlock their leadership potential*. American School Counselor Association annual conference, Philadelphia, PA.

- **Taylor, J.V.**, Sabella, R., Schultz, D., Burston, A., & Mason, E. (2013, July). *School counseling web 2.0 and technology smackdown*. American School Counselor Association annual conference, Philadelphia, PA.
- **Taylor, J.V.** (2012, June). *Beyond body image*. American School Counselor Association annual conference, Minneapolis, MN.
- **Taylor, J.V.**, Sabella, R., Schultz, D., Burston, A., & Mason, E. (2012, June). *School counseling web 2.0 and technology smackdown*. American School Counselor Association annual conference, Minneapolis, MN.
- **Taylor, J.V.**, Sabella, R. & Schultz, D. (2011, June). *Using the internet to perk up your school counseling program.* American School Counselor Association annual conference, Seattle, WA.
- **Taylor, J.V.** (2011, June). *Beyond body image: Media literacy, advocacy & activism.* American School Counselor Association annual conference, Seattle, WA.
- **Taylor, J.V.**, & Black, S.T. (2011, June). *Girls in real life situations: Empowering, motivating, and inspiring girls through group work.* American School Counselor Association annual conference, Seattle, WA.
- **Taylor, J.V.** (2010, July). *Growing up girl in today's crazy world*. American School Counselor Association annual conference, Boston, MA.
- **Taylor, J.V.** (2009, June). *Made up & branded: Body image, the media, and its effects on youth.* American School Counselor Association annual conference, Dallas, TX.
- **Taylor, J.V.** (2007, June). Salvaging sisterhood: Creative strategies to reduce female relational aggression. American School Counselor Association annual conference, Denver, CO.
- **Taylor, J.V.** (2006, June). Salvaging sisterhood: Creative strategies to reduce female relational aggression. American School Counselor Association annual conference, Chicago, Ill.
- **Taylor, J.V.**, & Harding, A. (2004, June). *Preparing for the trenches: A sharing session for graduate students*. American School Counselor Association annual conference, Reno, NV.

Referred State and Regional Conference Presentations

- **Taylor, J.V.**, Wynne, L., Stone, T., Rutledge, M., & Walsh, R. (2018, October). *So, you want to get a Ph.D.*? Virginia School Counselor Association annual conference, Hampton, VA.
- **Taylor, J.V.**, White, S., Wynne, L., Bazemore, S., Tillary, C. (2018, October). *Shattering glass ceilings: Mentoring our next generation of female leaders*. Virginia School Counselor Association annual conference, Hampton, VA.

- Wharff, J. & Taylor, J.V. (2017, October). The state of the state of school counseling in Virginia. Virginia School Counselor Association annual conference, Hampton, VA.
- **Taylor, J.V.** & O'Malley, E. (2015, October). *Self-harm, suicide, and social media: Helping students ask for help.* Virginia School Counselor Association annual conference, Newport News, VA.
- Gibson, D.M., Payne, S.I., & Taylor, J.V. (2014, October). The pedagogy of crisis counseling: Applying crisis counseling models in advanced practicum. Southern Association for Counselor Education and Supervision annual conference. Birmingham, AL.
- **Taylor, J.V.** (2014, October). *Teaching technology to future school counselors*. Southern Association for Counselor Education and Supervision annual conference. Birmingham, AL.
- **Taylor, J.V.** (2014, October). *Technology tools to enhance K-12 post-secondary success*. Virginia School Counselor Association annual conference. Richmond, VA
- **Taylor, J.V.** (2012, November). *Dispatches from girl world: School counselingstrategies to help girls unlock their leadership potential*. North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.** (2010, November). Using the internet to enhance your school counseling program. North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.** (2009, November). *Perfectly you: Helping students develop a healthy body image.* North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.**, & Trice-Black, S. (2007, October). *Girls in real life situations*. North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.** (2005, November). Salvaging sisterhood: Creative strategies to reduce female relational aggression. Virginia Counselor Association annual conference, Portsmouth, VA.
- **Taylor, J.V.** (2005, October). *Relational aggression: A whole school approach to help reduce violence among girls*. North Carolina School Counselor Association annual conference, Greensboro, NC.
- **Taylor, J.V.** (2005, July). *Relational aggression: A whole school approach to help reduce violence among girls.* Virginia School Counselor Association Summer Academy, Charlottesville, VA.
- **Taylor, J.V.** (2005, March). Salvaging sisterhood: Creative strategies to reduce female relational aggression. Virginia Association for Specialists in Group Work annual conference, Falls Church, VA.

- **Taylor, J.V.**, & McQueen, T. (2005, April). *Ground zero: Building a comprehensive school counseling program.* Virginia School Counselors Association annual conference, Portsmouth, VA.
- **Taylor, J.V.** (2004, November). *Professional involvement: Utilizing ASCA's resources*. Virginia Counselor Association annual conference, Roanoke, VA.
- **Taylor, J.V.** (2004, February). *Eating disorders: How to recognize red flags in a weightobsessed society.* Virginia Counselors Graduate Student Association annual conference, Williamsburg, VA.
- **Taylor, J.V.** (2003, November). *Current adolescent sex trends and the school counselor's role in prevention*. Virginia Counselors Association annual convention, Williamsburg, VA.
- **Taylor, J.V.** (2003, March). *Keeping the peace within relationally aggressive girls.* Virginia Association for Specialists in Group Work annual conference, Falls Church, VA.
- **Taylor, J.V.** (2003, March). *Current adolescent sex trends and the school counselor's role in prevention*. Virginia Counselors Graduate Student Association annual conference, Williamsburg, VA.
- **Taylor, J.V.** (2003, September). *A new world of bullying*. Luther Jackson Middle School, Fairfax, VA.
- University Guest Lectures
- **Taylor, J.V.** (2021, March). *Trauma and resilience*. Marymount University, Graduate Positive Psychology course. Virtual.
- **Taylor, J.V.** (2020, April). *Trauma and resilience*. Marymount University, Graduate Positive Psychology course. Virtual.
- **Taylor, J.V.** (2020, April). *The realities of school counseling*. Marymount University, Graduate School Counseling Practicum course. Virtual.
- **Taylor, J.V.** (2018, October). *The school counseling profession*. University of Virginia, Graduate Educational Psychology course, Charlottesville, VA.
- **Taylor, J.V.** (2017, November). *The school counseling profession*. University of Virginia, Undergraduate Introduction to Counseling course, Charlottesville, VA.
- **Taylor, J.V.** (2017, June). *Yoga in schools*. Virginia Commonwealth University, Wellness course, Richmond, VA.
- **Taylor, J.V.** (2017, April). *Adolescent girls and relational aggression*. University of Virginia, Introduction to Adolescence course, Charlottesville, VA.

- **Taylor, J.V.** (2016, December). *The school counseling profession*. University of Virginia, Undergraduate Introduction to Counseling course, Charlottesville, VA.
- **Taylor, J.V.** (2016, November). *Girls and sex.* University of Virginia, Young Women's Leadership Program Facilitator's course, Charlottesville, VA.
- **Taylor, J.V.** (2016, November). *High school counseling*. University of Virginia, Introduction to School Counseling course, Charlottesville, VA.
- **Taylor, J.V.** (2016, October). *The dissertation process*. Virginia Commonwealth University, Doctoral level Advanced Theories course, Richmond, VA.
- **Taylor, J.V.**, & Heilmann, A. (2016, June). *Yoga in schools*. Virginia Commonwealth University, Wellness course, Richmond, VA.
- **Taylor, J.V.** (2016, June). *Trauma-informed schools*. Virginia Commonwealth University, School Counseling Topics course, Richmond, VA.
- **Taylor, J.V.** (2016, April). *School counseling 101: Who we are, what we do, and how we help teachers.* Virginia Commonwealth University, Elementary Education course, Richmond, VA.
- **Taylor, J.V.** (2016, April). *Career counseling in schools*. Virginia Commonwealth University, Career Development course, Richmond, VA.
- **Taylor, J.V.** (2016, February). *Gender and media literacy*. Virginia Commonwealth University, Lifespan Development course, Richmond, VA.
- **Taylor, J.V.** (2015, March). *Connecting students to careers*. Kutztown University of Pennsylvania, Career Development course, Kutztown, PA via Google Hangout.
- **Taylor, J.V.** (2015, March). *Career counseling in schools*. Virginia Commonwealth University, Career Development course, Richmond, VA.
- **Taylor, J.V.** (2014, March). *Gender and media literacy*. Virginia Commonwealth University, Gender Studies course, Richmond, VA.
- **Taylor, J.V.** (2013, November). *School counseling Q&A*. Virginia Commonwealth University, School Counseling Internship course, Richmond, VA.
- **Taylor, J.V.** (2011, January). *Relational aggression 101: What teachers need to know.* North Carolina State University, Teaching Fellows Program, Raleigh, NC.
- **Taylor, J.V.** (2010, March). *Technology tools for a comprehensive school counseling program*. North Carolina State University, Intro to School Counseling course, Chapel Hill, NC.
- **Taylor, J.V.** (2009, April). University of North Carolina at Chapel Hill, School Counseling Internship course, Chapel Hill, NC.

- **Taylor, J.V.** (2008, May). University of North Carolina at Chapel Hill, School Counseling Internship course, Chapel Hill, NC.
- **Taylor, J.V.** (2009, February). North Carolina State University, School Counseling Practicum course, Raleigh, NC.
- **Taylor, J.V.** (2004, October). *Get involved! Utilizing school counseling professional resources*. George Mason University, Intro to School Counseling course, Fairfax, VA.
- **Taylor, J.V.** (2004, February). *Don't reinvent the wheel! Utilizing ASCA's resources*. George Mason University, Intro to School Counseling course, Fairfax, VA.
- **Taylor, J.V.** (2004, February). *The importance of professional development and involvement*. Marymount University, School Counseling Internship course, Arlington, VA.

### MEDIA

#### Media Interviews

- Hoxworth, L. (2020, December 16). UVA leads Virginia's new plan to improve mental health in K-12 schools. UVA Today. <u>https://news.virginia.edu/content/uva-leads-virginias-new-plan-improve-mental-health-k-12-</u> schools?utm\_source=DailyReport&utm\_medium=email&utm\_campaign=news
- Reid, W. (2020, August 20). Q&A: Why supporting K-12 school counselors is as vital as ever. UVA Today. <u>https://curry.virginia.edu/news/qa-why-supporting-k-12-</u> <u>school-counselors-vital-ever</u>
- Hoxworth, L. (2020, January 21). Graduate students get a lesson in advocacy. UVA Toady. <u>https://news.virginia.edu/content/graduate-counseling-students-get-lesson-advocacy</u>
- Holladay, H. (2019, March 12). Schools respond to children's trauma. *The Daily Progress*. <u>https://www.dailyprogress.com/orangenews/news/schools-respond-to-increase-in-children-s-trauma/article\_ea484f24-45c9-11e9-8c70-3bf3b498aa55.html</u>
- Skeen, M. (2014, December 16). Relationships 2.0 Body image. KCAA AM-1050 Radio. <u>http://michelleskeen.com/blog/?p=1464</u>
- Skeen, M. (2013, June 25). Relationships 2.0 Teen bullying. *KCAA AM-1050 Radio*. <u>http://michelleskeen.com/blog/?p=891</u>
- Pierce, M. (2012, June 7). For school counselors, technology enhances the human touch. *The Journal*. <u>http://thejournal.com/articles/2012/06/07/for-school-counselors-</u> <u>technology-enhances-the-human-touch.aspx</u>

- Fields, L. (2011, July 26). Friends: How to make, keep, or leave them. *WebMD*. <u>http://teens.webmd.com/features/friendships-make-keep-leave-them</u>
- Kang, C. (2011, June 10). Lawmakers, advocates push social networks for more protection of youngest users. *The Washington Post*. <u>http://www.washingtonpost.com/business/technology/lawmakers-advocates-pushsocial-networks-for-more-protection-of-youngestusers/2011/05/27/AG7ByiOH\_story.html</u>
- Webley, K. (2011, April 8). The upside of college rejection: Your safety school might be the smarter choice. *TIME Magazine*. <u>http://content.time.com/time/nation/article/0,8599,2063935,00.html</u>
- Shah, N. (2011, March 30). Anonymous bullying on social networks seeps into schools. *Education Week*. <u>http://www.edweek.org/ew/articles/2011/03/30/27formspring.h30.html?tkn=ZYQ</u> <u>FTVH0fEsMzc9gVnKZDrxFGIFeoOxE0ruB&cmp=clp-edweek</u>
- Simmons, R.J. (2011, March 2). I can't stop gaining weight! *Teen Vogue*. <u>http://www.teenvogue.com/blog/teen-vogue-daily/2011/03/i-cant-stop-gaining-weight.html</u>
- Simmons, R.J. (2010, September 21). Extreme bullying. *Teen Vogue*. <u>http://www.teenvogue.com/blog/teen-vogue-daily/2010/09/extreme-bullying.html</u>
- Rubenstein, G. (2010, February 18). Boys and body image: Eating disorders don't discriminate. *Edutopia*. <u>http://www.edutopia.org/boys-eating-disorders</u>
- Turner, T. (2009, November 1). High tech = high touch. ASCA School Counselor. http://www.ascaschoolcounselor.org/article\_content.asp?article=1105
- Vail, K. (2009, September). Bullying: From words to action. *American School Board Journal*. <u>http://www.asbj.com/TopicsArchive/Bullying/Bullying-From-Words-to-Action.aspx</u>
- Fitzgerald, S.H. (2009, August 27). Tips for a smooth transition to high school. *American Profile*. <u>http://americanprofile.com/articles/high-school-transition-tips/</u>
- Larson, B. (2009, July 29). 24/7 with Julia Taylor. *Skirt Magazine*. <u>http://raleigh.skirt.com/node/56310</u>
- Paterson, J. (2009, June 14). Beyond an elementary approach. *Counseling Today*. <u>http://ct.counseling.org/2009/06/beyond-an-elementary-approach/</u>
- DeLoatch, P. (2009, April 6). Helping your daughter survive middle school. *Suite 101*. http://suite101.com/a/helping-your-daughter-survive-middle-school-a107653
- Vogel, T. (2009, January 20). School-counseling programs gain new focus from a national model. *Edutopia*. <u>http://www.edutopia.org/school-guidance-counselors-standards-model</u>

- Sharples, T. (2008, September 11). The truth about teen girls. *TIME Magazine*. <u>http://content.time.com/time/magazine/article/0,9171,1840556,00.html</u>
- Simmons, R.J. (n.d.). Reputation rehab: How to bounce back from rumors. *Teen Vogue*. Retrieved from <u>http://www.teenvogue.com/advice/friendship-advice/2011-</u>08/reputation-rehab?currentPage=all

### Book Interviews

- Simmons, R.J. (2018). Enough as she is: How to help girls move beyond impossible standards of success to live happy, healthy, and fulfilling lives. New York, NY: Harper.
- Simmons, R. J. (2011). *Odd girl out: The hidden culture of aggression in girls* (2<sup>nd</sup> ed.). Chicago, IL: Mariner Books.
- Silverman, R. (2010). Good girls don't get fat: How weight obsession is messing up our girls and how we can help them thrive despite it. Buffalo, NY: Harlequin.
- Wiseman, R. (2009). Queen bees and wannabes: Helping your daughter survive cliques, gossip, boyfriends, and the new realities of girl world (2<sup>nd</sup> ed.). New York, NY: Harmony.
- Goodman, K. & Simon, K. (2005). Skills teens need to address alcohol related issues. Safe road home: Stop your teen from drinking & driving. New York, NY: Sterling Publishing Company, Inc.

### **RESEARCH INTERESTS**

Comprehensive school counseling program effectiveness School-based mental health service delivery Girls' leadership and development