Page 1: modified STRS - SF instructions and items for use in Pennsylvania Head Start Staff Wellness Survey

## Page 2: original STRS instrument

## YOUR RELATIONSHIPS WITH CHILDREN IN THE CLASSROOM

Please reflect on how much each of the statements below currently applies to your relationship with the children in your classroom. All relationships are individual, but in responding, please think about your relationships with the children in your classroom in general. Use the scale below to choose the appropriate response for each item. Definitely does not Not Neutral, Applies Definitely applies somewhat apply really not sure 5 2 4 3 1. I share an affectionate, warm relationship with the children. The children and I always seem to be struggling with each other. 3. If upset, the children will seek comfort from me. The children are uncomfortable with physical affection or touch from me. 5. The children value their relationship with me. When I praise the children, they beam with pride. 7. The children share information with me about themselves even if I don't ask. The children easily become angry with me. 8. 9. It is easy to be in tune with what the children are feeling. 10. The children remain angry or are resistant after being disciplined. 11. Dealing with the children drains my energy. 12. When the children are in a bad mood, I know we're in for a long and difficult day. 13. The children's feelings toward me can be hard to predict or can change suddenly. 14. The children are sneaky or manipulative with me. 15. The children openly share their feelings and experiences with me.

Citation: Whitaker, R. C., Dearth-Wesley, T., & Gooze, R. A. (2015). Workplace stress and the quality of teacher—children relationships in Head Start. *Early Childhood Research Quarterly,* 30, 57-69. doi: http://dx.doi.org/10.1016/j.ecresg.2014.08.008

## STUDENT-TEACHER RELATIONSHIP SCALE - SHORT FORM

Please reflect on the degree to which each of the following statements currently applies to your relationship with this child. Using the scale below, circle the appropriate number for each item.

Definitely does	Not	Neutral,	Applies	Definitely
not apply	really	not sure	somewhat	applies
1	2	3	4	5

1.	I share an affectionate, warm relationship with this child.	1	2	3	4	5
2.	This child and I always seem to be struggling with each other.	1	2	3	4	5
3.	3. If upset, this child will seek comfort from me.		2	3	4	5
4.	This child is uncomfortable with physical affection or touch from me.	1	2	3	4	5
5.	5. This child values his/her relationship with me.		2	3	4	5
6.	When I praise this child, he/she beams with pride.	1	2	3	4	5
7.	This child spontaneously shares information about himself/herself.	1	2	3	4	5
8.	This child easily becomes angry with me.	1	2	3	4	5
9.	It is easy to be in tune with what this child is feeling.	1	2	3	4	5
10.	This child remains angry or is resistant after being disciplined.	1	2	3	4	5
11.	Dealing with this child drains my energy	1	2	3	4	5
12.	When this child is in a bad mood, I know we're in for a long and difficult day.	1	2	3	4	5
13.	This child's feelings toward me can be unpredictable or can change suddenly.	1	2	3	4	5
14.	This child is sneaky or manipulative with me.	1	2	3	4	5
15.	This child openly shares his/her feelings and experiences with me.	1	2	3	4	5

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